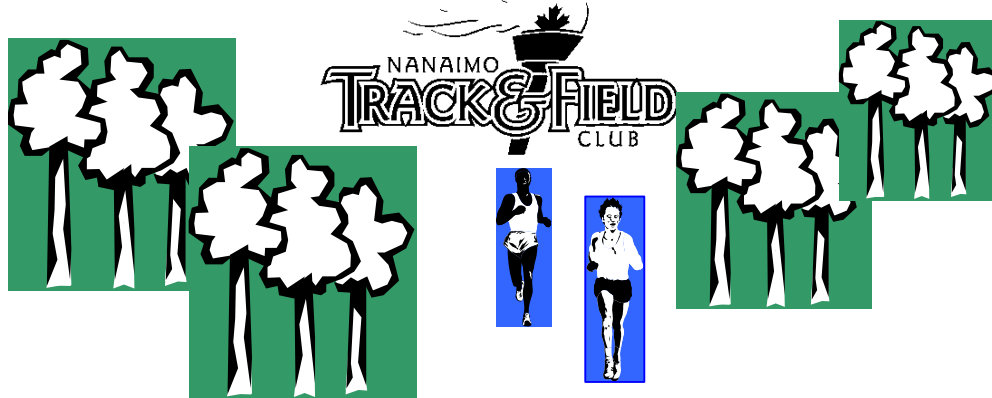


# THE BILL ENGLISH CENTENNIAL CROSS COUNTRY RACE

COLLIERY DAM, WAKESIAH AVENUE, NANAIMO



**Sunday, 8th November, 2009, 1:00 pm start (registration at noon)**

First Race begins 1:00 pm other races follow sequentially

Race # 1 - Boys & Girls born in 2001, 2000, 1999 – 1 short loop (1.3 km)

Race #2 - Boys & Girls born in 1998 & 1997 – 1 long loops (2.2 km)

Race #3 - Boys & Girls born in 1996, 1995, 1994 - 2 long loops (4.4 km)

Race #4 - Men & Women born in 1993 and earlier – 3 long loops (6.6 km)

## Entry Fees:

All elementary and high school students	\$5
BC Athletics Members	\$5
Non members	\$8

Race Director: Michael Folkes 250-741-1642; [mjpfolkes@gmail.com](mailto:mjpfolkes@gmail.com)

Sanctioned by:

