

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 9 Year Olds 60 Meter Dash JD9

Name	Yr	Team	Finals	Wind
Finals				
1 Hughes, Ivy	15	Victoria Speed Project	9.82	NWI
2 Grieve, Obeline	15	Cowichan Valley Athletic Club	10.93	NWI
3 Gilbert, Hana	15	Nanaimo & District Track & Fie	12.16	NWI
4 Maccullough, Eva	15	Cowichan Valley Athletic Club	12.22	NWI

Women 10 Year Olds 60 Meter Dash JD10

Name	Yr	Team	Finals	Wind
Finals				
1 Haab, Lael	14	Nanaimo & District Track & Fie	11.36	NWI
2 Macdonald, Quinn	14	Nanaimo & District Track & Fie	11.64	NWI
3 Edmunds, Emma	14	Nanaimo & District Track & Fie	11.67	NWI

Women 11 Year Olds 60 Meter Dash JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Fikowski, Evan	13	Cowichan Valley Athletic Club	9.38	NWI	1
2 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	9.59	NWI	2
3 McMillan, Finn (Finley)	13	Cowichan Valley Athletic Club	9.64	NWI	1
4 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	9.67	NWI	2
5 Klassen, Rhea	13	Comox Valley Cougars	9.72	NWI	2
6 Statham, Claire	13	Powell River Track Club	9.99	NWI	1
7 Vaisius, Nadia	13	Cowichan Valley Athletic Club	10.16	NWI	1
8 Wong, Poppy	13	Cowichan Valley Athletic Club	10.18	NWI	2
9 Dickson, Amelia	13	Nanaimo & District Track & Fie	10.18	NWI	1
10 Provoost, Hannah	13	Oceanside Track & Field Club	10.25	NWI	2
11 Grieve, Leonie	13	Cowichan Valley Athletic Club	10.28	NWI	1
12 Tyler, Lottie	13	Cowichan Valley Athletic Club	10.40	NWI	1
13 Bewsey, Olivia	13	Oceanside Track & Field Club	10.41	NWI	2
14 Messenger, Ruby	13	Alberni Valley Track Club	10.77	NWI	2

Women 9 Year Olds 100 Meter Dash JD9

Name	Yr	Team	Finals	Wind
Finals				
1 Grieve, Obeline	15	Cowichan Valley Athletic Club	17.85	+0.0
2 Reems, Bea	15	Nanaimo & District Track & Fie	18.79	+0.0
3 Gilbert, Hana	15	Nanaimo & District Track & Fie	19.29	+0.0
4 Maccullough, Eva	15	Cowichan Valley Athletic Club	19.62	+0.0
5 Smit, Mia	15	Comox Valley Cougars	20.01	+0.0

Women 10 Year Olds 100 Meter Dash JD10

Name	Yr	Team	Finals	Wind
Finals				
1 Pollock, Eleanor	14	Athletics Victoria Track And F	15.71	0.1
2 Jaworski, Hannah	14	Nanaimo & District Track & Fie	16.88	0.1
3 Carta, Chloe	14	Powell River Track Club	16.99	0.1
4 Haab, Lael	14	Nanaimo & District Track & Fie	17.68	0.1
5 Reim, Adelyn	14	Nanaimo & District Track & Fie	17.98	0.1
6 Edmunds, Emma	14	Nanaimo & District Track & Fie	18.61	0.1
7 Macdonald, Quinn	14	Nanaimo & District Track & Fie	18.80	0.1

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Women 11 Year Olds 100 Meter Dash JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Lalande, Norah	13	Nanaimo & District Track & Fie	15.20	0.8	2
2 Gudmundseth, Carly	13	Cowichan Valley Athletic Club	15.51	0.8	2
3 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	15.63	0.8	2
4 Fikowski, Evan	13	Cowichan Valley Athletic Club	15.68	-0.4	3
5 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	15.72	0.8	2
6 Klassen, Rhea	13	Comox Valley Cougars	15.94	NWI	1
7 Statham, Claire	13	Powell River Track Club	16.08	NWI	1
8 Grieve, Leonie	13	Cowichan Valley Athletic Club	16.14	NWI	1
9 Provoost, Hannah	13	Oceanside Track & Field Club	16.56	-0.4	3
10 Vaisius, Nadia	13	Cowichan Valley Athletic Club	16.63	-0.4	3
11 Tyler, Lottie	13	Cowichan Valley Athletic Club	16.97	NWI	1
12 Bedard, Charlee	13	Nanaimo & District Track & Fie	17.31	0.8	2
13 Gauthier, Georgia	13	Nanaimo & District Track & Fie	17.40	-0.4	3
14 Capadouca, Stevie	13	Nanaimo & District Track & Fie	17.51	-0.4	3
15 Messenger, Ruby	13	Alberni Valley Track Club	17.97	-0.4	3

Women 12 Year Olds 100 Meter Dash JD12

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Erickson, Sydnee	12	Cowichan Valley Athletic Club	14.92	-0.2	3
2 Hill, Martha	12	Athletics Victoria Track And F	14.96	-0.5	2
3 Dupuis, Harley	12	Comox Valley Cougars	15.17	-0.5	2
4 Schmidt, Avery	12	Comox Valley Cougars	15.35	1.2	1
5 Jaeger, Lillianna-Claire	12	Peninsula Track & Field Club	15.55	-0.2	3
6 Lindquist, Ayla	12	Athletics Victoria Track And F	15.89	-0.5	2
7 Shimek, Jada	12	Nanaimo & District Track & Fie	16.55	-0.2	3
8 Weber, Carla	12	Comox Valley Cougars	16.59	-0.2	3
9 Haab, Ava	12	Nanaimo & District Track & Fie	16.66	-0.2	3
10 Wesner, Meadow	12	Comox Valley Cougars	16.74	-0.5	2
11 Hawamdeh, Leena	12	Nanaimo & District Track & Fie	16.80	1.2	1
12 Engel, Ivy	12	Campbell River Comets	16.91	-0.5	2
13 Johnson, Abigail	12	Nanaimo & District Track & Fie	17.24	-0.2	3
14 Meyer, Milah	12	Powell River Track Club	17.36	1.2	1
15 Edmunds, Juliette	12	Nanaimo & District Track & Fie	21.36	1.2	1

Women 13 Year Olds 100 Meter Dash JD13

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Underwood, Rayah	11	Peninsula Track & Field Club	13.56	NWI	3
2 Curts, Phoebe	11	Comox Valley Cougars	13.75	NWI	3
3 Durante, Iza	11	Nanaimo & District Track & Fie	14.01	1.8	2
4 Harvey, Payton	11	Alberni Valley Track Club	14.20	NWI	3
5 Webber, Skyla	11	Nanaimo & District Track & Fie	14.25	NWI	3
6 Carta, Olivia	11	Powell River Track Club	14.26	1.8	2
7 Atkinson, Anya	11	Campbell River Comets	14.32	0.7	1
8 Van Der Berg, Charley	11	Peninsula Track & Field Club	14.55	NWI	3
9 Edmondson, Allison	11	Nanaimo & District Track & Fie	15.09	NWI	3
10 Van Zanden, Molly	11	Comox Valley Cougars	15.12	NWI	3

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 13 Year Olds 100 Meter Dash JD13)

Name	Yr	Team	Finals	Wind	H#
11 Parsons, Grace	11	Powell River Track Club	15.18	1.8	2
12 MacKenzie, Makayla	11	Campbell River Comets	15.27	1.8	2
13 Gauthier, Lucia	11	Nanaimo & District Track & Fie	15.42	0.7	1
14 Challenger, Avelyn	11	Athletics Victoria Track And F	15.55	0.7	1
15 Maxwell, Taige	11	Powell River Track Club	15.65	0.7	1
16 Cheema, Miri Liv	11	Cowichan Valley Athletic Club	16.51	0.7	1
17 Park, Katelyn	11	Nanaimo & District Track & Fie	17.49	0.7	1
18 Jeffries, Lila	11	Nanaimo & District Track & Fie	18.21	0.7	1
19 Guthrie, Alivia	11	Campbell River Comets	18.84	1.8	2

Women 14-15 100 Meter Dash U16

BC Record: 11.66 R 2001-06-22 SHAI-ANNE DAVIS, KJAK

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Lofstrom, Kaylie	10	Comox Valley Cougars	12.98	1.8	2
2 Brand, Danaea	09	Nanaimo & District Track & Fie	13.35	1.8	2
3 Martin, Elly	09	Peninsula Track & Field Club	13.45	1.4	1
4 Vanzo, Ella	10	Comox Valley Cougars	14.03	1.8	2
5 Darrall, Lucea	09	Athletics Victoria Track And F	14.09	1.4	1
6 Jaeger, Ava-Marie	10	Peninsula Track & Field Club	14.12	1.8	2
7 Larose, Elaura	10	Athletics Victoria Track And F	14.36	1.4	1
8 Adegbola, Oluwagbemi Eunice	10	Nanaimo & District Track & Fie	14.36	1.8	2
9 Gallins, Scarlett	10	Peninsula Track & Field Club	14.45	1.8	2
10 Monjo, Lily	10	Comox Valley Cougars	14.72	1.4	1
11 Ntalintumire, Annika	09	Campbell River Comets	14.92	1.8	2
12 Holst, Hana	09	Unattached British Columbia	15.02	1.4	1
13 Suppiah, Ella	10	Comox Valley Cougars	15.11	1.4	1
14 Clark, Elsa	10	Peninsula Track & Field Club	16.02	1.4	1

Women 16-17 100 Meter Dash U18

BC Record: 11.66 R 2001-06-22 KRYSHA BAYLEY, COQC

Name	Yr	Team	Finals	Wind
Finals				
1 Wesner, Maile	08	Comox Valley Cougars	13.44	0.8
2 Adegbola, Christiana	07	Nanaimo & District Track & Fie	13.77	0.8
3 Burry, Erika	07	Comox Valley Cougars	14.21	0.8

Women 18-19 100 Meter Dash U20

BC Record: 11.58 R 2015-04-18 RAQUEL TJERNAGEL, COQC

Name	Yr	Team	Finals	Wind
Finals				
1 Reed, Jordyn	05	Unattached British Columbia	12.14	1.2
2 Barlee, Alex	05	Peninsula Track & Field Club	12.26	1.2
3 Dickinson, Sadie	05	Athletics Victoria Track And F	13.48	1.2
4 Simmons, Lacie	05	Unattached British Columbia	13.48	1.2

Women 14+ 100 Meter Dash Open

Name	Yr	Team	Finals	Wind
Finals				
1 Donner, Claire	89	Comox Valley Cougars	13.79	2.5
2 Gilbert, Laura	73	Nanaimo & District Track & Fie	13.90	2.5

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Results**

Finals ... (Women 14+ 100 Meter Dash Open)

Name	Yr	Team	Finals	Wind
3 Craig, Nancy	65	Athletics Victoria Track And F	15.27	2.5
4 Passler, Breta	65	Nanaimo & District Track & Fie	16.60	2.5
5 Richards, Jessica	85	Comox Valley Cougars	17.91	2.5
6 Shook, Karen	50	Athletics Victoria Track And F	19.24	2.5
7 Hendrie, Nola	55	Nanaimo & District Track & Fie	20.58	2.5

Women 11 Year Olds 200 Meter Dash JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1 McMillan, Finn (Finley)	13	Cowichan Valley Athletic Club	32.34	NWI	3
2 Klassen, Rhea	13	Comox Valley Cougars	32.82	NWI	2
3 Fielding, Keira-Marie	13	Unattached British Columbia	33.18	NWI	3
4 Statham, Claire	13	Powell River Track Club	33.25	NWI	1
5 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	33.53	NWI	1
6 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	33.54	NWI	3
7 Provoost, Hannah	13	Oceanside Track & Field Club	34.06	NWI	2
8 Bewsey, Olivia	13	Oceanside Track & Field Club	34.79	NWI	1
9 Dickson, Amelia	13	Nanaimo & District Track & Fie	34.89	NWI	2
10 Vaisius, Nadia	13	Cowichan Valley Athletic Club	35.04	NWI	1
11 Zhang, Chloe	13	Nanaimo & District Track & Fie	35.44	NWI	2
12 Wong, Poppy	13	Cowichan Valley Athletic Club	36.35	NWI	3
13 Gauthier, Georgia	13	Nanaimo & District Track & Fie	36.46	NWI	2
14 Messenger, Ruby	13	Alberni Valley Track Club	37.86	NWI	2
15 Vaitekunas, Wren	13	Nanaimo & District Track & Fie	38.46	NWI	3

Women 12 Year Olds 200 Meter Dash JD12

Name	Yr	Team	Finals	Wind
Finals				
1 Hill, Martha	12	Athletics Victoria Track And F	30.78	NWI
2 Jaeger, Lillianna-Claire	12	Peninsula Track & Field Club	33.77	NWI
3 Haab, Ava	12	Nanaimo & District Track & Fie	34.60	NWI

Women 13 Year Olds 200 Meter Dash JD13

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Curts, Phoebe	11	Comox Valley Cougars	28.79	NWI	3
2 Durante, Iza	11	Nanaimo & District Track & Fie	29.07	NWI	2
3 Underwood, Rayah	11	Peninsula Track & Field Club	29.12	NWI	3
4 Webber, Skyla	11	Nanaimo & District Track & Fie	29.13	NWI	3
5 Van Der Berg, Charley	11	Peninsula Track & Field Club	29.84	NWI	3
6 Atkinson, Anya	11	Campbell River Comets	29.89	NWI	3
7 Van Zanden, Molly	11	Comox Valley Cougars	31.29	NWI	2
8 Maxwell, Taige	11	Powell River Track Club	31.43	NWI	2
9 Parsons, Grace	11	Powell River Track Club	31.47	1.7	1
10 Edmondson, Allison	11	Nanaimo & District Track & Fie	31.83	NWI	3
11 Skuce, Emma	11	Nanaimo & District Track & Fie	33.07	1.7	1
12 Cheema, Miri Liv	11	Cowichan Valley Athletic Club	33.91	1.7	1
13 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	34.47	1.7	1

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 14-15 200 Meter Dash U16

BC Record: 24.50 R 1999-07-04 KRYSHA BAYLEY, COQC

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Lofstrom, Kaylie	10	Comox Valley Cougars	27.21	1.6	2
2 Lewis, Addison	09	Comox Valley Cougars	28.42	1.6	2
3 Vanzo, Ella	10	Comox Valley Cougars	29.51	1.6	2
4 Jaeger, Ava-Marie	10	Peninsula Track & Field Club	29.68	1.6	2
5 Adegbola, Oluwagbemi Eunice	10	Nanaimo & District Track & Fie	29.79	1.6	2

Women 16-17 200 Meter Dash U18

BC Record: 23.83 R 2017-04-08 JASNEET NIJJAR, UATH

Name	Yr	Team	Finals	Wind
Finals				
1 Wesner, Maile	08	Comox Valley Cougars	27.10	2.8
2 Galik, Gillian	08	Comox Valley Cougars	28.88	2.8
3 Zaal, Kylie	08	Comox Valley Cougars	30.31	2.8
4 Diekmeyer, Mathilda	07	Unattached British Columbia	34.78	2.8

Women 18-19 200 Meter Dash U20

BC Record: 23.30 R 1971-08-22 STEPANIE BERTO, VOCA

Name	Yr	Team	Finals	Wind
Finals				
1 Barlee, Alex	05	Peninsula Track & Field Club	25.86	3.3
2 Borsa, Chyvonne	06	Club Rapide	27.61	3.3
3 Dickinson, Sadie	05	Athletics Victoria Track And F	27.73	3.3
4 Descoteau, Ella	05	Victoria Speed Project	29.76	3.3

Women 14+ 200 Meter Dash Open

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Voloshin, Diana	97	NorWesters Track & Field Club	27.24	2.6	2
2 Gilbert, Laura	73	Nanaimo & District Track & Fie	28.69	2.6	2
3 Saville, Christine	89	Nanaimo & District Track & Fie	31.74	2.6	2
4 Anderton, Sandra	69	Nanaimo & District Track & Fie	33.47	2.6	2
5 Passler, Breta	65	Nanaimo & District Track & Fie	34.79	1.8	1
6 Bissessur, Sandra	49	Nanaimo & District Track & Fie	38.24	1.8	1
7 Shook, Karen	50	Athletics Victoria Track And F	44.02	1.8	1

Women 12 Year Olds 300 Meter Dash JD12

Name	Yr	Team	Finals
Finals			
1 Schmidt, Avery	12	Comox Valley Cougars	47.01
2 Hill, Martha	12	Athletics Victoria Track And F	47.27
3 Procter, Abbie	12	Oceanside Track & Field Club	49.60

Women 13 Year Olds 300 Meter Dash JD13

Name	Yr	Team	Finals	H#
Finals				
1 Durante, Iza	11	Nanaimo & District Track & Fie	47.53	2
2 Atkinson, Anya	11	Campbell River Comets	47.82	1
3 Van Der Berg, Charley	11	Peninsula Track & Field Club	48.40	2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 13 Year Olds 300 Meter Dash JD13)

Name	Yr	Team	Finals	H#
4 Hill, Katie	11	Nanaimo & District Track & Fie	49.52	2
5 MacKenzie, Makayla	11	Campbell River Comets	51.14	1
6 Maxwell, Taiga	11	Powell River Track Club	51.41	2
7 Gauthier, Lucia	11	Nanaimo & District Track & Fie	53.38	1
8 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	53.56	1
9 Thibault, Tessa	11	Nanaimo & District Track & Fie	54.31	2
10 Park, Katelyn	11	Nanaimo & District Track & Fie	58.53	1

Women 14-15 300 Meter Dash U16

BC Record: 39.67 R 2013-07-21 ZION CORRALE-NELSON, BBYS

Name	Yr	Team	Finals
Finals			
1 Martin, Elly	09	Peninsula Track & Field Club	45.69
2 Lewis, Skyla	09	Nanaimo & District Track & Fie	46.56
3 Jaeger, Ava-Marie	10	Peninsula Track & Field Club	48.88
4 Arkwright, Saige	10	Nanaimo & District Track & Fie	49.41

Women 16-17 400 Meter Dash U18

BC Record: 53.11 R 1991-05-25 CAMILLE NOEL, LASR

Name	Yr	Team	Finals
Finals			
1 Gillette, Brea	07	Nanaimo & District Track & Fie	60.62
2 Wesner, Maile	08	Comox Valley Cougars	62.14
3 Steele, Kiera	08	Comox Valley Cougars	70.10
4 Zaal, Kylie	08	Comox Valley Cougars	70.23

Women 18-19 400 Meter Dash U20

BC Record: 51.88 R 1993-05-21 CAMILLE NOEL, UCLA

Name	Yr	Team	Finals
Finals			
1 Mcdowell-Mitchell, Elisabeth	05	Victoria Speed Project	56.68
2 Avigni, Ludovica	06	Cowichan Valley Athletic Club	57.44
3 Waite, Annika	05	Ballenas Secondary	65.39
4 Sadilková, Arleta	06	Nanaimo & District Track & Fie	66.16

Women 14+ 400 Meter Dash Open

Name	Yr	Team	Finals
Finals			
1 Cameron, Kate	03	Nanaimo & District Track & Fie	61.62
2 Schultz, Nicole	99	Unattached Ontario	63.95

Women 9 Year Olds 600 Meter Run JD9

Name	Yr	Team	Finals
Finals			
1 Hughes, Ivy	15	Victoria Speed Project	2:24.34
2 Maccullough, Eva	15	Cowichan Valley Athletic Club	2:42.44
3 Gilbert, Hana	15	Nanaimo & District Track & Fie	2:54.55

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 10 Year Olds 600 Meter Run JD10

Name	Yr	Team	Finals
Finals			
1	Jaworski, Hannah	14 Nanaimo & District Track & Fie	2:16.66
2	English, Anne	14 Nanaimo & District Track & Fie	2:22.42
3	Latiff, Amara	14 Nanaimo & District Track & Fie	2:23.92

Women 11 Year Olds 600 Meter Run JD11

Name	Yr	Team	Finals	H#
Finals				
1	Fielding, Keira-Marie	13 Unattached British Columbia	1:57.53	1
2	Fikowski, Evan	13 Cowichan Valley Athletic Club	1:58.82	1
3	Klassen, Rhea	13 Comox Valley Cougars	2:08.96	1
4	McMillan, Finn (Finley)	13 Cowichan Valley Athletic Club	2:10.47	2
5	Cunning, Fiona	13 Nanaimo & District Track & Fie	2:11.95	2
6	Vaitekunas, Wren	13 Nanaimo & District Track & Fie	2:12.34	1
7	Bewsey, Olivia	13 Oceanside Track & Field Club	2:12.54	1
8	Capadouca, Stevie	13 Nanaimo & District Track & Fie	2:13.86	1
9	Vaisius, Nadia	13 Cowichan Valley Athletic Club	2:15.97	2
10	Zhang, Chloe	13 Nanaimo & District Track & Fie	2:17.81	2
11	Dickson, Amelia	13 Nanaimo & District Track & Fie	2:21.25	2
12	Messenger, Ruby	13 Alberni Valley Track Club	2:22.09	2
13	Tyler, Lottie	13 Cowichan Valley Athletic Club	2:25.08	2

Women 13 Year Olds 800 Meter Run JD13

Name	Yr	Team	Finals
Finals			
1	Durante, Iza	11 Nanaimo & District Track & Fie	2:35.93
2	Hill, Katie	11 Nanaimo & District Track & Fie	2:37.82
3	Vaitekunas, Ember	11 Nanaimo & District Track & Fie	2:45.73
4	MacKenzie, Makayla	11 Campbell River Comets	2:46.61
5	Thibault, Tessa	11 Nanaimo & District Track & Fie	2:48.28
6	Cheema, Miri Liv	11 Cowichan Valley Athletic Club	3:15.10

Women 14-15 800 Meter Run U16

BC Record: 2:09.93 R 1995-07-01 MELINDI ELMORE, KFTC

Name	Yr	Team	Finals
Finals			
1	Gough, Charlotte	09 Prairie Inn Harriers Racing Te	2:28.63
2	James, Megan	10 Nanaimo & District Track & Fie	2:32.21
3	Arkwright, Saige	10 Nanaimo & District Track & Fie	2:45.16

Women 16-17 800 Meter Run U18

BC Record: 2:06.46 R 1994-06-04 HEATHER DEGEEST, VRTC

Name	Yr	Team	Finals
Finals			
1	Gillette, Brea	07 Nanaimo & District Track & Fie	2:18.80
2	Gauthier, Ava	08 Nanaimo & District Track & Fie	2:24.19
3	Steele, Kiera	08 Comox Valley Cougars	2:57.16

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 18-19 800 Meter Run U20

BC Record: 2:05.19 R 2009-08-02 HELEN CROFTS, UNBC

	Name	Yr	Team	Finals
Finals				
1	McDowell-Mitchell, Elisabeth	05	Victoria Speed Project	2:16.67
2	Sadilková, Arleta	06	Nanaimo & District Track & Fie	2:27.72

Women 9 Year Olds 1000 Meter Run JD9

	Name	Yr	Team	Finals
Finals				
1	Smit, Mia	15	Comox Valley Cougars	4:36.21

Women 10 Year Olds 1000 Meter Run JD10

	Name	Yr	Team	Finals
Finals				
1	Jaworski, Hannah	14	Nanaimo & District Track & Fie	3:54.09
2	English, Anne	14	Nanaimo & District Track & Fie	4:15.78
3	Reim, Adelyn	14	Nanaimo & District Track & Fie	4:23.86

Women 11 Year Olds 1000 Meter Run JD11

	Name	Yr	Team	Finals
Finals				
1	Fikowski, Evan	13	Cowichan Valley Athletic Club	3:46.40
2	Klassen, Rhea	13	Comox Valley Cougars	3:50.78
3	Cunning, Fiona	13	Nanaimo & District Track & Fie	3:52.23
4	Bewsey, Olivia	13	Oceanside Track & Field Club	3:58.31
5	Vaitekunas, Wren	13	Nanaimo & District Track & Fie	3:59.01
6	Messenger, Ruby	13	Alberni Valley Track Club	4:01.08
7	Capadouca, Stevie	13	Nanaimo & District Track & Fie	4:01.34
8	Dickson, Amelia	13	Nanaimo & District Track & Fie	4:07.98

Women 12 Year Olds 1200 Meter Run JD12

	Name	Yr	Team	Finals
Finals				
1	Schmidt, Avery	12	Comox Valley Cougars	4:08.24
2	Shimek, Jada	12	Nanaimo & District Track & Fie	5:00.39
3	Hamel, Amelia	12	Nanaimo & District Track & Fie	5:24.41

Women 13 Year Olds 1200 Meter Run JD13

	Name	Yr	Team	Finals
Finals				
1	Durante, Iza	11	Nanaimo & District Track & Fie	4:16.27
2	Vaitekunas, Ember	11	Nanaimo & District Track & Fie	4:22.47
3	MacKenzie, Makayla	11	Campbell River Comets	4:29.94
4	Thibault, Tessa	11	Nanaimo & District Track & Fie	4:39.92
5	Smith, Phoebe	11	Cowichan Valley Athletic Club	4:59.57
6	Guthrie, Alivia	11	Campbell River Comets	5:10.57

Women 14-15 1200 Meter Run U16

BC Record: 3:30.29 R 2019-06-08 MAYA BAECHLER, TBIR

	Name	Yr	Team	Finals
Finals				
1	Gough, Charlotte	09	Prairie Inn Harriers Racing Te	3:56.93

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 14-15 1200 Meter Run U16)

Name	Yr	Team	Finals
2 James, Megan	10	Nanaimo & District Track & Fie	4:01.99
3 Arkwright, Saige	10	Nanaimo & District Track & Fie	4:04.33
4 Sutton, Rebecca	09	Nanaimo & District Track & Fie	4:22.09

Women 16-17 1500 Meter Run U18

BC Record: 4:18.7h R 1994-07-07 HEATHER DEGEEST, VRTC

Name	Yr	Team	Finals
1 Zult, Amariah	08	Club Rapide	5:08.45

Women 14-15 2000 Meter Run U16

BC Record: 6:19.07 R 2010-08-08 TANYA HUMENIUK, UNBC

Name	Yr	Team	Finals
1 Nadler, Stella	10	Comox Valley Cougars	7:25.32
2 Arkwright, Saige	10	Nanaimo & District Track & Fie	7:32.54

Women 18-19 3000 Meter Run U20

BC Record: 16:45.6h R 1997-03-23 MARGARET BUTLER, KJAK

Name	Yr	Team	Finals
1 Prince, Nora	06	Nanaimo & District Track & Fie	11:58.77 R

Women 9 Year Olds 60 Meter Hurdles JD9

Name	Yr	Team	Finals	Wind
1 Reems, Bea	15	Nanaimo & District Track & Fie	14.75	-1.1
2 Gilbert, Hana	15	Nanaimo & District Track & Fie	15.42	-1.1

Women 10 Year Olds 60 Meter Hurdles JD10

Name	Yr	Team	Finals	Wind
1 Jaworski, Hannah	14	Nanaimo & District Track & Fie	13.17	-2.3
2 Pollock, Eleanor	14	Athletics Victoria Track And F	13.56	-2.3
3 Haab, Lael	14	Nanaimo & District Track & Fie	14.24	-2.3
4 Reim, Adelyn	14	Nanaimo & District Track & Fie	14.25	-2.3
5 English, Anne	14	Nanaimo & District Track & Fie	14.27	-2.3

Women 11 Year Olds 60 Meter Hurdles JD11

Name	Yr	Team	Finals	Wind	H#
1 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	11.73	-3.3	2
2 Fikowski, Evan	13	Cowichan Valley Athletic Club	11.76	-3.3	2
3 Klassen, Rhea	13	Comox Valley Cougars	12.19	-3.3	1
4 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	12.22	-3.3	1
5 Dickson, Amelia	13	Nanaimo & District Track & Fie	13.28	-3.3	1
6 Capadouca, Stevie	13	Nanaimo & District Track & Fie	13.42	-3.3	1
7 Bewsey, Olivia	13	Oceanside Track & Field Club	13.67	-3.3	1
8 Cuning, Fiona	13	Nanaimo & District Track & Fie	13.70	-3.3	2
9 Messenger, Ruby	13	Alberni Valley Track Club	14.13	-3.3	2
10 Vaitekunas, Wren	13	Nanaimo & District Track & Fie	14.20	-3.3	2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 12 Year Olds 80 Meter Hurdles JD12

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	Erickson, Sydnee	12	Cowichan Valley Athletic Club	15.03	-1.4	2
2	Jaeger, Lillianna-Claire	12	Peninsula Track & Field Club	15.40	-1.4	2
3	Hill, Martha	12	Athletics Victoria Track And F	15.94	-1.4	2
4	Schmidt, Avery	12	Comox Valley Cougars	16.55	-1.4	2
5	Dupuis, Harley	12	Comox Valley Cougars	17.50	-1.4	2
6	Wesner, Meadow	12	Comox Valley Cougars	17.60	-1.9	1
7	Lindquist, Ayla	12	Athletics Victoria Track And F	17.93	-1.9	1
8	Johnson, Abigail	12	Nanaimo & District Track & Fie	18.07	-1.9	1
9	Hoselton, Yve	12	Comox Valley Cougars	18.71	-1.9	1

Women 13 Year Olds 80 Meter Hurdles JD13

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	Underwood, Rayah	11	Peninsula Track & Field Club	13.69	-1.6	2
2	Webber, Skyla	11	Nanaimo & District Track & Fie	13.94	-1.6	2
3	Hill, Katie	11	Nanaimo & District Track & Fie	16.22	-1.6	2
4	Atkinson, Anya	11	Campbell River Comets	16.88	-1.6	2
5	Smith, Phoebe	11	Cowichan Valley Athletic Club	17.61	-2.8	1
6	Edmondson, Allison	11	Nanaimo & District Track & Fie	17.85	-1.6	2
7	Challenger, Avelyn	11	Athletics Victoria Track And F	17.86	-2.8	1
8	Parsons, Grace	11	Powell River Track Club	17.89	-1.6	2
9	Vaitekunas, Ember	11	Nanaimo & District Track & Fie	17.97	-2.8	1
10	Thibault, Tessa	11	Nanaimo & District Track & Fie	18.40	-2.8	1
11	Cheema, Miri Liv	11	Cowichan Valley Athletic Club	18.62	-1.6	2
12	Maxwell, Taige	11	Powell River Track Club	18.91	-2.8	1

Women 14-15 80 Meter Hurdles U16

30" - 0.762m (8x12.00m, 8.00m, 12.00m) - Black

BC Record: 11.42 R 2013-07-21 CHICAGO BAINS, CVAC

	Name	Yr	Team	Finals	Wind
Finals					
1	Bell, Tessa	09	Nanaimo & District Track & Fie	12.77	-1.4
2	Martin, Elly	09	Peninsula Track & Field Club	13.15	-1.4
3	Darrall, Lucea	09	Athletics Victoria Track And F	14.32	-1.4
4	Jaeger, Ava-Marie	10	Peninsula Track & Field Club	14.96	-1.4
5	Larose, Elaura	10	Athletics Victoria Track And F	15.67	-1.4
6	Monjo, Lily	10	Comox Valley Cougars	16.12	-1.4
7	Chell, Kajsa	09	Athletics Victoria Track And F	16.28	-1.4

Women 35+ 80 Meter Hurdles Masters

	Name	Yr	Team	Finals	Wind
Finals					
---	Van Den Bulk, Jeannette	77	Athletics Victoria Track And F	NT	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 16-17 100 Meter Hurdles U18

30" - 0.762m (10 x 13.00m, 8.50m, 10.50m) - Yellow

BC Record: 13.49 R 2007-07-14 CHRISTABEL NETTEY, KJAK

Name	Yr	Team	Finals	Wind
Finals				
1 Russell, Lucy	07	Nanaimo & District Track & Fie	18.83	-0.8
2 Wedmann-Kent, Nova	07	Athletics Victoria Track And F	19.58	-0.8

Women 18-19 100 Meter Hurdles U20

33" - 0.840m (10 x 13.00m, 8.50m, 10.50m) - Yellow

BC Record: 13.56 R 2018-07-07 KATARINA VLAHOVIC, KJAK

Name	Yr	Team	Finals	Wind
Finals				
1 Simmons, Lacie	05	Unattached British Columbia	16.39	-1.9

Women 14+ 100 Meter Hurdles Open

33" - 0.840m n(10 x 13.00m, 8.50m, 10.50m) - Yellow

Name	Yr	Team	Finals	Wind
Finals				
--- Hall, Jorden	99	Athletics Victoria Track And F	NT	NWI

Women 12 Year Olds 200 Meter Hurdles JD12

Name	Yr	Team	Finals	Wind
Finals				
1 Hill, Martha	12	Athletics Victoria Track And F	33.20	1.8
2 Jaeger, Lillianna-Claire	12	Peninsula Track & Field Club	34.32	1.8
3 Wesner, Meadow	12	Comox Valley Cougars	37.09	1.8

Women 13 Year Olds 200 Meter Hurdles JD13

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Underwood, Rayah	11	Peninsula Track & Field Club	31.12	3.9	2
2 Webber, Skyla	11	Nanaimo & District Track & Fie	31.53	3.9	2
3 Curts, Phoebe	11	Comox Valley Cougars	31.68	3.9	2
4 Hill, Katie	11	Nanaimo & District Track & Fie	33.19	3.9	2
5 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	38.21	2.0	1

Women 14-15 300 Meter Hurdles U16

30" - 0.762m (7x50.00m, 35.00m, 40.00m) - Green

BC Record: 45.77 R 2019-07-07 KRYSTHINA VLAHOVIC, UATH

Name	Yr	Team	Finals
Finals			
1 Lofstrom, Kaylie	10	Comox Valley Cougars	47.67
2 Chell, Kajsa	09	Athletics Victoria Track And F	53.86
--- Ruhstaller, Mia	09	Comox Valley Cougars	DQ

Women 35+ 300 Meter Hurdles Masters

Name	Yr	Team	Finals
Finals			
1 Summers, Judy	64	Valley Royals Track & Field Cl	60.06

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 16-17 400 Meter Hurdles U18

30" - 0.762m (10 x 45.00m, 35.00m, 40.00m) - Green

BC Record: 59.74 R 2016-07-07 ELIZABETH GUMMER, CXVC

Name	Yr	Team	Finals
Finals			
1 Wesner, Maile	08	Comox Valley Cougars	68.67
2 Steele, Kiera	08	Comox Valley Cougars	1:26.02

Women 18-19 400 Meter Hurdles U20

30" - 0.762m (10 x 45.00m, 35.00m, 40.00m) - Green

BC Record: 59.22 R 2006-08-15 CORRI-ANN CAMPBELL-FELL, TBIR

Name	Yr	Team	Finals
Finals			
1 Simmons, Lacie	05	Unattached British Columbia	69.28
2 Dickinson, Sadie	05	Athletics Victoria Track And F	70.14

Women 14+ 400 Meter Hurdles Open

30" - 0.762m (10 x 45.00m, 35.00m, 40.00m) - Green

Name	Yr	Team	Finals
Finals			
1 Yarker, Kristen	76	Athletics Victoria Track And F	1:23.67

Women 14-15 1500 Meter Steeplechase U16

30" - 0.762m (12 hurdle, 0 water)

BC Record: 4:50.45 R 2018-08-12 KATELYN STEWART BARNETT, CITY

Name	Yr	Team	Finals
Finals			
1 James, Megan	10	Nanaimo & District Track & Fie	6:04.40

Women 16-17 2000 Meter Steeplechase U18

30" - 0.762m (18 hurdles, 5 water)

BC Record: 6:41.46 R 2017-08-13 GRACE FETHERSTONHAUGH, CITY

Name	Yr	Team	Finals
Finals			
1 Gauthier, Ava	08	Nanaimo & District Track & Fie	7:49.11

Women 18-19 3000 Meter Steeplechase U20

30" - 0.762m (28 hurdles, 7 water)

BC Record: 10:01.95 R 2018-06-10 GRACE FEATHERSONAUGH, CITY

Name	Yr	Team	Finals
Finals			
1 Coyle, Tessa	06	Club Rapide	12:51.51

Women 14+ 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Athletics Victoria Track And F	A	5:00.08
1) Yarker, Kristen 76	2) Thibodeau, Melina 71	3) Hurst, Sherry 71
		4) Van Den Bulk, Jeannette 77

Women 10 Year Olds High Jump JD10

Name	Yr	Team	Finals
Finals			
1 Reim, Adelyn	14	Nanaimo & District Track & Fie	1.00m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 10 Year Olds High Jump JD10)

Name	Yr	Team	Finals
2 Jaworski, Hannah	14	Nanaimo & District Track & Fie	0.95m
2 Latiff, Amara	14	Nanaimo & District Track & Fie	0.95m
4 Macdonald, Quinn	14	Nanaimo & District Track & Fie	0.90m
5 English, Anne	14	Nanaimo & District Track & Fie	0.85m

Women 11 Year Olds High Jump JD11

Name	Yr	Team	Finals
Finals			
1 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	1.20m
2 Fikowski, Evan	13	Cowichan Valley Athletic Club	1.15m
2 Bewsey, Olivia	13	Oceanside Track & Field Club	1.15m
4 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	1.10m
5 Gauthier, Georgia	13	Nanaimo & District Track & Fie	1.05m
5 Dickson, Amelia	13	Nanaimo & District Track & Fie	1.05m
7 Cunning, Fiona	13	Nanaimo & District Track & Fie	1.00m
7 Statham, Claire	13	Powell River Track Club	1.00m
--- Capadouca, Stevie	13	Nanaimo & District Track & Fie	NH
--- Messenger, Ruby	13	Alberni Valley Track Club	NH
--- Vaitekunas, Wren	13	Nanaimo & District Track & Fie	NH

Women 12 Year Olds High Jump JD12

Name	Yr	Team	Finals
Finals			
1 Erickson, Sydnee	12	Cowichan Valley Athletic Club	1.30m
2 Meyer, Milah	12	Powell River Track Club	1.15m
--- Hoselton, Yve	12	Comox Valley Cougars	NH
--- Lindquist, Ayla	12	Athletics Victoria Track And F	NH

Women 13 Year Olds High Jump JD13

Name	Yr	Team	Finals
Finals			
1 Underwood, Rayah	11	Peninsula Track & Field Club	1.35m
2 Van Zanden, Molly	11	Comox Valley Cougars	1.25m
2 Hill, Katie	11	Nanaimo & District Track & Fie	1.25m
2 Webber, Skyla	11	Nanaimo & District Track & Fie	1.25m
2 MacKenzie, Makayla	11	Campbell River Comets	1.25m
6 Atkinson, Anya	11	Campbell River Comets	1.20m
7 Parsons, Grace	11	Powell River Track Club	1.15m
7 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	1.15m
9 Thibault, Tessa	11	Nanaimo & District Track & Fie	1.10m
--- Valastiak, Alica	11	Cowichan Valley Athletic Club	NH

Women 14-15 High Jump U16

BC Record: 1.76m R 2003-07-07 EMILY SHEPPARD, NORW

Name	Yr	Team	Finals
Finals			
1 Tshibangu, Jessica	09	Cowichan Valley Athletic Club	1.45m
2 Holst, Hana	09	Unattached British Columbia	1.25m
2 Haynes, Rosie	10	Peninsula Track & Field Club	1.25m
4 Clark, Elsa	10	Peninsula Track & Field Club	1.10m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 16-17 High Jump U18

BC Record: 1.82m R 2008-05-30 ALEX TREASURE, PGTF

Name	Yr	Team	Finals
Finals			
1 Wedmann-Kent, Nova	07	Athletics Victoria Track And F	1.55m
2 Burry, Erika	07	Comox Valley Cougars	1.50m

Women 13 Year Olds Pole Vault JD13

Name	Yr	Team	Finals
Finals			
1 Hill, Katie	11	Nanaimo & District Track & Fie	1.60m

Women 14+ Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Foster, Ella	03	Royal City Track & Field Club	3.70m
2 Asselin-Debelic, Maya	98	Nanaimo & District Track & Fie	3.30m
3 Benjamin, Julina	02	Nanaimo & District Track & Fie	3.15m
4 Kanary, Lindsey	80	Comox Valley Cougars	2.90m
5 Paccagnan, Katelyn	00	Athletics Victoria Track And F	2.50m
6 Craig, Nancy	65	Athletics Victoria Track And F	2.20m
7 Summers, Judy	64	Valley Royals Track & Field Cl	1.90m
--- Hendrie, Nola	55	Nanaimo & District Track & Fie	NH

Women 9 Year Olds Long Jump JD9

Name	Yr	Team	Finals	Wind
Finals				
1 Grieve, Obeline	15	Cowichan Valley Athletic Club	2.33m	NWI
2 Gilbert, Hana	15	Nanaimo & District Track & Fie	2.26m	NWI
3 Reems, Bea	15	Nanaimo & District Track & Fie	2.17m	NWI
4 Maccullough, Eva	15	Cowichan Valley Athletic Club	2.07m	NWI

Women 10 Year Olds Long Jump JD10

Name	Yr	Team	Finals	Wind
Finals				
1 English, Anne	14	Nanaimo & District Track & Fie	3.00m	NWI
2 Haab, Lael	14	Nanaimo & District Track & Fie	2.86m	NWI
3 Macdonald, Quinn	14	Nanaimo & District Track & Fie	2.70m	NWI
4 Carta, Chloe	14	Powell River Track Club	2.68m	NWI
5 Reim, Adelyn	14	Nanaimo & District Track & Fie	2.56m	NWI

Women 11 Year Olds Long Jump JD11

Name	Yr	Team	Finals	Wind
Finals				
1 McMillan, Finn (Finley)	13	Cowichan Valley Athletic Club	3.46m	NWI
2 Tshibangu, Joyce	13	Cowichan Valley Athletic Club	3.43m	NWI
3 Dickson, Amelia	13	Nanaimo & District Track & Fie	3.41m	NWI
4 Fikowski, Evan	13	Cowichan Valley Athletic Club	3.27m	NWI
5 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	3.20m	NWI
6 Lalande, Norah	13	Nanaimo & District Track & Fie	3.07m	NWI
7 Zhang, Chloe	13	Nanaimo & District Track & Fie	3.02m	NWI
8 Gudmundseth, Carly	13	Cowichan Valley Athletic Club	2.99m	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 11 Year Olds Long Jump JD11)

Name	Yr	Team	Finals	Wind
9 Statham, Claire	13	Powell River Track Club	2.96m	NWI
10 Vaisius, Nadia	13	Cowichan Valley Athletic Club	2.89m	NWI
11 Grieve, Leonie	13	Cowichan Valley Athletic Club	2.88m	NWI
12 Capadouca, Stevie	13	Nanaimo & District Track & Fie	2.86m	NWI
13 Provoost, Hannah	13	Oceanside Track & Field Club	2.82m	NWI
13 Gauthier, Georgia	13	Nanaimo & District Track & Fie	2.82m	NWI
15 Tyler, Lottie	13	Cowichan Valley Athletic Club	2.69m	NWI
16 Messenger, Ruby	13	Alberni Valley Track Club	2.50m	NWI
17 Bedard, Charlee	13	Nanaimo & District Track & Fie	2.46m	NWI
--- Vaitekunas, Wren	13	Nanaimo & District Track & Fie	FOUL	

Women 12 Year Olds Long Jump JD12

Name	Yr	Team	Finals	Wind
Finals				
1 Erickson, Sydnee	12	Cowichan Valley Athletic Club	4.05m	NWI
2 Dupuis, Harley	12	Comox Valley Cougars	3.44m	NWI
3 Hill, Martha	12	Athletics Victoria Track And F	3.41m	NWI
4 Hawamdeh, Leena	12	Nanaimo & District Track & Fie	3.31m	NWI
5 Meyer, Milah	12	Powell River Track Club	3.13m	NWI
6 Shimek, Jada	12	Nanaimo & District Track & Fie	J3.13m	NWI
7 Whitley, Gabrielle	12	Athletics Victoria Track And F	3.11m	NWI
8 Lindquist, Ayla	12	Athletics Victoria Track And F	2.92m	NWI
9 Engel, Ivy	12	Campbell River Comets	2.89m	NWI
10 Weber, Carla	12	Comox Valley Cougars	2.87m	NWI
11 Johnson, Abigail	12	Nanaimo & District Track & Fie	2.74m	NWI
12 Hoselton, Yve	12	Comox Valley Cougars	2.70m	NWI
13 Wesner, Meadow	12	Comox Valley Cougars	2.69m	NWI
14 Hamel, Amelia	12	Nanaimo & District Track & Fie	2.47m	NWI

Women 13 Year Olds Long Jump JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Underwood, Rayah	11	Peninsula Track & Field Club	4.11m	NWI
2 Webber, Skyla	11	Nanaimo & District Track & Fie	3.98m	NWI
3 Carta, Olivia	11	Powell River Track Club	3.83m	NWI
4 Hill, Katie	11	Nanaimo & District Track & Fie	3.65m	NWI
5 Van Der Berg, Charley	11	Peninsula Track & Field Club	3.58m	NWI
6 MacKenzie, Makayla	11	Campbell River Comets	3.56m	NWI
7 Skuce, Emma	11	Nanaimo & District Track & Fie	3.47m	NWI
8 Smith, Phoebe	11	Cowichan Valley Athletic Club	3.25m	NWI
9 Thibault, Tessa	11	Nanaimo & District Track & Fie	3.23m	NWI
9 Parsons, Grace	11	Powell River Track Club	3.23m	NWI
11 Gauthier, Lucia	11	Nanaimo & District Track & Fie	3.21m	NWI
12 Challenger, Avelyn	11	Athletics Victoria Track And F	2.95m	NWI
13 Maxwell, Taige	11	Powell River Track Club	2.93m	NWI
14 Cheema, Miri Liv	11	Cowichan Valley Athletic Club	2.87m	NWI
15 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	2.85m	NWI
16 Park, Katelyn	11	Nanaimo & District Track & Fie	2.48m	NWI
17 Griffiths, Frankie	11	Campbell River Comets	2.46m	NWI
18 Valastiak, Alica	11	Cowichan Valley Athletic Club	2.15m	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 13 Year Olds Long Jump JD13)

Name	Yr	Team	Finals	Wind
19 Jeffries, Lila	11	Nanaimo & District Track & Fie	2.06m	NWI

Women 14-15 Long Jump U16

Flight 1 - Pit 1 Flight 2 - Pit 2

Final - Pit 1**BC Record: 6.17m R 2005-04-16 SABRINA NETTEY, SFTC**

Name	Yr	Team	Finals	Wind
Finals				
1 Martin, Elly	09	Peninsula Track & Field Club	4.74m	-0.5
2 Chell, Kajsa	09	Athletics Victoria Track And F	4.73m	-0.8
3 Tshibangu, Jessica	09	Cowichan Valley Athletic Club	4.63m	-1.3
4 Larose, Elaura	10	Athletics Victoria Track And F	4.24m	-0.9
5 Shaw, Kit	10	Unattached	4.20m	-0.9
6 Monjo, Lily	10	Comox Valley Cougars	4.10m	-1.9
7 Jaeger, Ava-Marie	10	Peninsula Track & Field Club	4.07m	-0.1
8 Clark, Elsa	10	Peninsula Track & Field Club	3.85m	-1.7
9 Ntalintumire, Annika	09	Campbell River Comets	3.84m	0.5
10 Suppiah, Ella	10	Comox Valley Cougars	3.74m	+0.0
11 Vanzo, Ella	10	Comox Valley Cougars	3.65m	-0.9
12 Gallins, Scarlett	10	Peninsula Track & Field Club	3.61m	-1.0
13 Adegbola, Oluwagbemi Eunice	10	Nanaimo & District Track & Fie	3.27m	1.2

Women 16-17 Long Jump U18**BC Record: 6.27m R 2001-07-21 KRYSHA BAYLEY, COCQ**

Name	Yr	Team	Finals	Wind
Finals				
1 de Leeuw, Lyla	08	Cowichan Valley Athletic Club	4.74m	-0.2
2 Wedmann-Kent, Nova	07	Athletics Victoria Track And F	4.05m	-0.8
3 Lanyon, Evaye	08	Campbell River Comets	3.90m	-0.5

Women 18-19 Long Jump U20**BC Record: 6.38m R 2003-03-29 KRYSHA BAYLEY, COCQ**

Name	Yr	Team	Finals	Wind
Finals				
1 Gordon, Madison	05	Langley Mustangs	5.20m	+0.0
2 Dickinson, Sadie	05	Athletics Victoria Track And F	4.56m	0.4
3 Stubbing, Anna	06	Athletics Victoria Track And F	4.42m	-1.1
4 Descoteau, Ella	05	Victoria Speed Project	4.26m	+0.0

Women 14+ Long Jump Open

Name	Yr	Team	Finals	Wind
Finals				
1 Hall, Jordan	99	Athletics Victoria Track And F	4.75m	+0.0

Women 13 Year Olds Triple Jump JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Underwood, Rayah	11	Peninsula Track & Field Club	9.16m	-0.7
2 Gauthier, Lucia	11	Nanaimo & District Track & Fie	7.23m	-1.2
3 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	7.16m	-2.2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 14-15 Triple Jump U16**Pit 1****BC Record: 12.35m R 2005-04-16 SABRINA NETTEY, SFTC**

	Name	Yr	Team	Finals	Wind
Finals					
1	Chell, Kajsa	09	Athletics Victoria Track And F	9.68m	-1.1
2	Jaeger, Ava-Marie	10	Peninsula Track & Field Club	8.81m	-0.5
3	Clark, Janae	10	Peninsula Track & Field Club	6.45m	-1.6

Women 18-19 Triple Jump U20**Pit 2****BC Record: 12.35m R 2005-04-16 SABRINA NETTEY, SFTC**

	Name	Yr	Team	Finals	Wind
Finals					
---	Stubbing, Anna	06	Athletics Victoria Track And F	ND	NWI

Women 14+ Triple Jump Open**Pit 2**

	Name	Yr	Team	Finals	Wind
Finals					
1	Descoteau, Ella	05	Victoria Speed Project	8.72m	0.3
2	Summers, Judy	64	Valley Royals Track & Field Cl	7.68m	-0.9

Women 9 Year Olds Shot Put JD9

	Name	Yr	Team	Finals
Finals				
1	Gilbert, Hana	15	Nanaimo & District Track & Fie	3.48m
2	Maccullough, Eva	15	Cowichan Valley Athletic Club	2.31m

Women 10 Year Olds Shot Put JD10

	Name	Yr	Team	Finals
Finals				
1	Reim, Adelyn	14	Nanaimo & District Track & Fie	4.45m
2	English, Anne	14	Nanaimo & District Track & Fie	3.86m
3	Edmunds, Emma	14	Nanaimo & District Track & Fie	3.61m

Women 11 Year Olds Shot Put JD11

	Name	Yr	Team	Finals
Finals				
1	Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	7.90m
2	Provoost, Hannah	13	Oceanside Track & Field Club	7.10m
3	Dickson, Amelia	13	Nanaimo & District Track & Fie	6.92m
4	Statham, Claire	13	Powell River Track Club	5.97m
5	Cunning, Fiona	13	Nanaimo & District Track & Fie	5.07m
6	Tyler, Lottie	13	Cowichan Valley Athletic Club	4.77m
7	Gauthier, Georgia	13	Nanaimo & District Track & Fie	4.61m
8	Messenger, Ruby	13	Alberni Valley Track Club	4.57m
9	Bedard, Charlee	13	Nanaimo & District Track & Fie	4.34m
10	Vaisius, Nadia	13	Cowichan Valley Athletic Club	4.28m
11	Vaitekunas, Wren	13	Nanaimo & District Track & Fie	3.90m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 12 Year Olds Shot Put JD12

Name	Yr	Team	Finals
Finals			
1 Johnson, Abigail	12	Nanaimo & District Track & Fie	5.33m
2 Jaeger, Lillianna-Claire	12	Peninsula Track & Field Club	4.77m
3 Shimek, Jada	12	Nanaimo & District Track & Fie	4.72m
4 Whitley, Gabrielle	12	Athletics Victoria Track And F	4.48m
5 Hamel, Amelia	12	Nanaimo & District Track & Fie	4.28m
6 Engel, Ivy	12	Campbell River Comets	3.72m
--- Erickson, Sydnee	12	Cowichan Valley Athletic Club	FOUL

Women 13 Year Olds Shot Put JD13

Name	Yr	Team	Finals
Finals			
1 Underwood, Rayah	11	Peninsula Track & Field Club	8.25m
2 MacKenzie, Makayla	11	Campbell River Comets	6.82m
3 Webber, Skylar	11	Nanaimo & District Track & Fie	6.48m
4 Hill, Katie	11	Nanaimo & District Track & Fie	6.01m
5 Jeffries, Lila	11	Nanaimo & District Track & Fie	5.80m
6 Maxwell, Taige	11	Powell River Track Club	5.42m
7 Cheema, Miri Liv	11	Cowichan Valley Athletic Club	5.39m
8 Griffiths, Frankie	11	Campbell River Comets	5.03m
9 Thibault, Tessa	11	Nanaimo & District Track & Fie	5.02m
10 Parsons, Grace	11	Powell River Track Club	4.67m
11 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	4.44m
12 Guthrie, Alivia	11	Campbell River Comets	3.33m

Women 14-15 Shot Put U16**3.00 K****BC Record: 15.19m R 2015-06-06 DOLLY GABRI, UNBC**

Name	Yr	Team	Finals
Finals			
1 Stevens, Tatyanna	09	Ultra Throw	8.99m
2 Moonsamy, Anishka	09	Nanaimo & District Track & Fie	8.78m
3 Tshibangu, Jessica	09	Cowichan Valley Athletic Club	8.02m
4 Beaton, Arianna	10	Cowichan Valley Athletic Club	7.22m
5 Weir, Nevaeh	09	Cowichan Valley Athletic Club	6.66m

Women 16-17 Shot Put U18**3.00 K****BC Record: 15.85m R 2016-08-06 CAMRYN ROGERS, KJAK**

Name	Yr	Team	Finals
Finals			
1 Russell, Lucy	07	Nanaimo & District Track & Fie	10.76m
2 Bunston, Jenna	07	Nanaimo & District Track & Fie	8.73m
3 McMinn, Annika	07	Nanaimo & District Track & Fie	7.90m

Women 14+ Shot Put Open**4.00 K**

Name	Yr	Team	Finals
Finals			
1 Hall, Jorden	99	Athletics Victoria Track And F	10.53m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 14+ Shot Put Open)

	Name	Yr	Team	Finals
2	Polman Tuin, Ann	71	Nanaimo & District Track & Fie	10.36m
3	Gordon, Madison	05	Langley Mustangs	10.12m
4	Erickson, Devyn	88	Cowichan Valley Athletic Club	9.84m
5	Hengstler, Julia	67	Cowichan Valley Athletic Club	7.45m
6	Dailey, Victoria	03	Cowichan Valley Athletic Club	7.40m
7	Morfitt, Chantal	03	Comox Valley Cougars	6.51m
8	Morfitt, Gabrielle	05	Comox Valley Cougars	6.35m

Women 10 Year Olds Discus Throw JD10

	Name	Yr	Team	Finals
Finals				
1	Reim, Adelyn	14	Nanaimo & District Track & Fie	11.57m

Women 11 Year Olds Discus Throw JD11

	Name	Yr	Team	Finals
Finals				
1	Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	19.28m
2	Provoost, Hannah	13	Oceanside Track & Field Club	14.63m
3	Dickson, Amelia	13	Nanaimo & District Track & Fie	14.50m
4	Cunning, Fiona	13	Nanaimo & District Track & Fie	13.71m
5	Bewsey, Olivia	13	Oceanside Track & Field Club	11.29m
6	Messenger, Ruby	13	Alberni Valley Track Club	10.96m
7	Hunter, Matilda	13	Oceanside Track & Field Club	10.90m
8	Vaisius, Nadia	13	Cowichan Valley Athletic Club	7.71m

Women 12 Year Olds Discus Throw JD12

	Name	Yr	Team	Finals
Finals				
1	Johnson, Abigail	12	Nanaimo & District Track & Fie	15.94m
2	Erickson, Sydnee	12	Cowichan Valley Athletic Club	15.47m
3	Hoselton, Yve	12	Comox Valley Cougars	10.85m

Women 13 Year Olds Discus Throw JD13

	Name	Yr	Team	Finals
Finals				
1	Harvey, Payton	11	Alberni Valley Track Club	29.62m
2	Underwood, Rayah	11	Peninsula Track & Field Club	18.91m
3	Jeffries, Lila	11	Nanaimo & District Track & Fie	18.18m
4	Van Zanden, Molly	11	Comox Valley Cougars	17.95m
5	MacKenzie, Makayla	11	Campbell River Comets	15.69m
6	Edmondson, Allison	11	Nanaimo & District Track & Fie	14.26m
7	Van Der Berg, Charley	11	Peninsula Track & Field Club	12.12m
8	Maxwell, Taige	11	Powell River Track Club	11.40m
9	Valastiak, Alica	11	Cowichan Valley Athletic Club	10.97m
10	Park, Katelyn	11	Nanaimo & District Track & Fie	10.95m
11	Cheema, Miri Liv	11	Cowichan Valley Athletic Club	10.18m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 14-15 Discus Throw U16**1.00 K****BC Record: 47.35m R 2016-06-18 DOLLY GABRI, UNBC**

Name	Yr	Team	Finals
Finals			
1 Stevens, Tatyanna	09	Ultra Throw	28.56m
2 Moonsamy, Anishka	09	Nanaimo & District Track & Fie	20.26m
3 Weir, Nevaeh	09	Cowichan Valley Athletic Club	18.03m
4 Beaton, Arianna	10	Cowichan Valley Athletic Club	16.78m

Women 16-17 Discus Throw U18**1.00 K****BC Record: 48.98m R 2012-04-28 ASIANNA COVINGTON, KJAK**

Name	Yr	Team	Finals
Finals			
1 Galik, Gillian	08	Comox Valley Cougars	28.89m
2 Burry, Erika	07	Comox Valley Cougars	22.81m
3 Lazenby, Danika	07	Cowichan Valley Athletic Club	16.92m
4 McMinn, Annika	07	Nanaimo & District Track & Fie	16.50m

Women 18-19 Discus Throw U20**1.00 K****BC Record: 51.70m R 1971-04-25 JOAN PAVELICH, VOCA****Can Record: 55.95m r 2019-05-16 TRINITY TUTTI PEND, SISU**

Name	Yr	Team	Finals
Finals			
1 Morfitt, Gabrielle	05	Comox Valley Cougars	25.49m
2 Galik, Madelaine	06	Comox Valley Cougars	22.82m

Women 14+ Discus Throw Open**1.00 K**

Name	Yr	Team	Finals
Finals			
1 Esser, Agnes	95	Athletics Victoria Track And F	57.08m
2 Erickson, Devyn	88	Cowichan Valley Athletic Club	29.41m
3 Polman Tuin, Ann	71	Nanaimo & District Track & Fie	26.86m
4 Hengstler, Julia	67	Cowichan Valley Athletic Club	20.77m
5 Dailey, Victoria	03	Cowichan Valley Athletic Club	18.29m

Women 12 Year Olds Hammer Throw JD12

Name	Yr	Team	Finals
Finals			
1 Weber, Carla	12	Comox Valley Cougars	13.86m
2 Johnson, Abigail	12	Nanaimo & District Track & Fie	12.97m
3 Haab, Ava	12	Nanaimo & District Track & Fie	12.43m
4 Wesner, Meadow	12	Comox Valley Cougars	9.96m
5 Engel, Ivy	12	Campbell River Comets	8.51m

Women 13 Year Olds Hammer Throw JD13

Name	Yr	Team	Finals
Finals			
1 Webber, Skyla	11	Nanaimo & District Track & Fie	25.97m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Women 13 Year Olds Hammer Throw JD13)

Name	Yr	Team	Finals
2 Van Zanden, Molly	11	Comox Valley Cougars	23.49m
3 Jeffries, Lila	11	Nanaimo & District Track & Fie	18.15m
4 Gauthier, Lucia	11	Nanaimo & District Track & Fie	14.53m
5 Thibault, Tessa	11	Nanaimo & District Track & Fie	11.86m
6 Griffiths, Frankie	11	Campbell River Comets	11.61m
7 Valastiak, Alica	11	Cowichan Valley Athletic Club	11.34m
8 Vaitekunas, Ember	11	Nanaimo & District Track & Fie	10.29m
--- Guthrie, Alivia	11	Campbell River Comets	FOUL

Women 14-15 Hammer Throw U16**3.00 K****BC Record: 59.41m R 2014-07-11 LINDSEY FREDERIKSEN, UNBC**

Name	Yr	Team	Finals
Finals			
1 Stevens, Tatyanna	09	Ultra Throw	30.89m
2 Moonsamy, Anishka	09	Nanaimo & District Track & Fie	24.16m
3 Beaton, Arianna	10	Cowichan Valley Athletic Club	23.96m
4 Weir, Nevaeh	09	Cowichan Valley Athletic Club	19.27m
5 Haynes, Rosie	10	Peninsula Track & Field Club	17.50m

Women 16-17 Hammer Throw U18**3.00 K****BC Record: 65.16m R 2015-07-10 CAMRYN ROGERS, KJAK**

Name	Yr	Team	Finals
Finals			
1 Doty-Brown, Payge	07	Comox Valley Cougars	39.50m
2 McMinn, Annika	07	Nanaimo & District Track & Fie	39.19m
3 Bunston, Jenna	07	Nanaimo & District Track & Fie	35.69m
4 Lazenby, Danika	07	Cowichan Valley Athletic Club	17.66m

Women 18-19 Hammer Throw U20**4.00 K****BC Record: 65.61m R 2018-04-27 CAMRYN ROGERS, KJAK**

Name	Yr	Team	Finals
Finals			
1 Putz, Katelyn	06	Nanaimo & District Track & Fie	41.97m
2 Waite, Annika	05	Ballenas Secondary	28.81m
3 Morfitt, Gabrielle	05	Comox Valley Cougars	25.91m

Women 14+ Hammer Throw Open**4.00 K**

Name	Yr	Team	Finals
Finals			
1 Dailey, Victoria	03	Cowichan Valley Athletic Club	30.35m
2 Morfitt, Chantal	03	Comox Valley Cougars	26.22m
3 Hengstler, Julia	67	Cowichan Valley Athletic Club	24.33m
4 Hendrie, Nola	55	Nanaimo & District Track & Fie	15.70m
5 Richards, Jessica	85	Comox Valley Cougars	14.64m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 10 Year Olds Javelin Throw JD10

	Name	Yr	Team	Finals
Finals				
1	English, Anne	14	Nanaimo & District Track & Fie	8.34m
2	Jaworski, Hannah	14	Nanaimo & District Track & Fie	8.13m
3	Carta, Chloe	14	Powell River Track Club	7.21m
4	Reim, Adelyn	14	Nanaimo & District Track & Fie	7.04m
5	Macdonald, Quinn	14	Nanaimo & District Track & Fie	4.78m
6	Edmunds, Emma	14	Nanaimo & District Track & Fie	4.28m

Women 11 Year Olds Javelin Throw JD11

	Name	Yr	Team	Finals
Finals				
1	Dickson, Amelia	13	Nanaimo & District Track & Fie	15.95m
2	Provoost, Hannah	13	Oceanside Track & Field Club	15.77m
3	Bewsey, Olivia	13	Oceanside Track & Field Club	13.07m
4	McMillan, Finn (Finley)	13	Cowichan Valley Athletic Club	11.17m
5	Gauthier, Georgia	13	Nanaimo & District Track & Fie	10.49m
6	Cunning, Fiona	13	Nanaimo & District Track & Fie	10.11m
7	Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	9.93m
8	Statham, Claire	13	Powell River Track Club	9.46m
9	Capadouca, Stevie	13	Nanaimo & District Track & Fie	8.51m
10	Bedard, Charlee	13	Nanaimo & District Track & Fie	7.52m
11	Messenger, Ruby	13	Alberni Valley Track Club	7.08m
12	Vaitekunas, Wren	13	Nanaimo & District Track & Fie	6.07m

Women 12 Year Olds Javelin Throw JD12

	Name	Yr	Team	Finals
Finals				
1	Erickson, Sydnee	12	Cowichan Valley Athletic Club	20.46m
2	Meyer, Milah	12	Powell River Track Club	10.47m
3	Whitley, Gabrielle	12	Athletics Victoria Track And F	10.13m
4	Hoselton, Yve	12	Comox Valley Cougars	10.12m
5	Engel, Ivy	12	Campbell River Comets	9.54m
6	Edmunds, Juliette	12	Nanaimo & District Track & Fie	6.65m
---	Johnson, Abigail	12	Nanaimo & District Track & Fie	FOUL

Women 13 Year Olds Javelin Throw JD13

	Name	Yr	Team	Finals
Finals				
1	Edmondson, Allison	11	Nanaimo & District Track & Fie	21.84m
2	MacKenzie, Makayla	11	Campbell River Comets	16.13m
3	Hill, Katie	11	Nanaimo & District Track & Fie	15.81m
4	Griffiths, Frankie	11	Campbell River Comets	12.11m
5	Park, Katelyn	11	Nanaimo & District Track & Fie	11.97m
6	Parsons, Grace	11	Powell River Track Club	11.14m
7	Carta, Olivia	11	Powell River Track Club	10.17m
8	Jeffries, Lila	11	Nanaimo & District Track & Fie	10.08m
9	Guthrie, Alivia	11	Campbell River Comets	8.96m
10	Maxwell, Taige	11	Powell River Track Club	8.31m
---	Underwood, Rayah	11	Peninsula Track & Field Club	FOUL

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 14-15 Javelin Throw U16

500 g

BC Record: 44.97m R 2012-08-19 BRITTONI WOLCZYK, LANG

Name	Yr	Team	Finals
Finals			
1 Nadler, Stella	10	Comox Valley Cougars	23.92m
2 Clark, Janae	10	Peninsula Track & Field Club	11.86m
3 Haynes, Rosie	10	Peninsula Track & Field Club	8.74m

Women 16-17 Javelin Throw U18

500 g

BC Record: 48.71m R 2013-08-09 BRITTONI WOLCZYK, LANG

Name	Yr	Team	Finals
Finals			
1 Burry, Erika	07	Comox Valley Cougars	38.99m
2 Stuve, Taelyn	08	Comox Valley Cougars	25.03m
3 Lazenby, Danika	07	Cowichan Valley Athletic Club	20.52m

Women 18-19 Javelin Throw U20

600 g

BC Record: 53.67m R 2016-03-07 BRITTONI WOLCZYK, UNBC

Name	Yr	Team	Finals
Finals			
1 Munro, Akira	05	Comox Valley Cougars	36.93m

Women 14+ Javelin Throw Open

600 g

Name	Yr	Team	Finals
Finals			
1 Dailey, Victoria	03	Cowichan Valley Athletic Club	23.36m

Women 9 Year Olds 800 Meter Race Walk JD9

Name	Yr	Team	Finals
Finals			
1 Gilbert, Hana	15	Nanaimo & District Track & Fie	6:28.05

Women 10 Year Olds 800 Meter Race Walk JD10

Name	Yr	Team	Finals
Finals			
1 Reim, Adelyn	14	Nanaimo & District Track & Fie	6:58.31

Women 11 Year Olds 800 Meter Race Walk JD11

Name	Yr	Team	Finals
Finals			
1 Oyenuga, Imisioluwa	13	Nanaimo & District Track & Fie	5:44.18
2 Vaitekunas, Wren	13	Nanaimo & District Track & Fie	5:47.10
3 Cunning, Fiona	13	Nanaimo & District Track & Fie	5:53.39

Women 12 Year Olds 800 Meter Race Walk JD12

Name	Yr	Team	Finals
Finals			
--- Hoselton, Yve	12	Comox Valley Cougars	DQ
--- Edmunds, Juliette	12	Nanaimo & District Track & Fie	DQ

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Women 13 Year Olds 1500 Meter Race Walk JD13

Name	Yr	Team	Finals
Finals			
1 Valastiak, Alica	11	Cowichan Valley Athletic Club	11:58.25
--- Jeffries, Lila	11	Nanaimo & District Track & Fie	DQ

Women 18-19 1500 Meter Race Walk U20

Name	Yr	Team	Finals
Finals			
1 Chu, Di Danielle	06	Unattached	9:49.08

Men 9 Year Olds 60 Meter Dash JD9

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Shepherd, Charles	15	Peninsula Track & Field Club	9.69	NWI	2
2 Barlow, Easton	15	Oceanside Track & Field Club	10.42	NWI	1
3 Luch, Tyler	15	Nanaimo & District Track & Fie	10.49	NWI	2
4 Tweten, Jakob	15	Cowichan Valley Athletic Club	10.49	NWI	1
5 Rogers, Henry	15	Alberni Valley Track Club	10.68	NWI	1
6 Tripathi, Nirvaan	15	Nanaimo & District Track & Fie	10.71	NWI	2
7 Cheema, Avtar	15	Cowichan Valley Athletic Club	11.11	NWI	2
8 Van Zanden, Shane	15	Comox Valley Cougars	11.46	NWI	2
9 Alviano, Myles	15	Nanaimo & District Track & Fie	11.69	NWI	1
10 Dickson, Marcus	15	Nanaimo & District Track & Fie	11.70	NWI	1
11 Upson, Huxley	15	Comox Valley Cougars	12.26	NWI	2

Men 10 Year Olds 60 Meter Dash JD10

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Ryan, Owen	14	Nanaimo & District Track & Fie	9.69	NWI	2
2 Hoselton, Henry	14	Comox Valley Cougars	9.98	NWI	2
3 Phillips, Henry	14	Cowichan Valley Athletic Club	10.15	NWI	1
4 Newstone, Chase	14	Nanaimo & District Track & Fie	10.37	NWI	2
5 Briese, Luke	14	Nanaimo & District Track & Fie	10.65	NWI	1
6 Valastiak, Elijah	14	Cowichan Valley Athletic Club	10.67	NWI	2
7 Willers, Caleb	14	Oceanside Track & Field Club	10.73	NWI	1

Men 11 Year Olds 60 Meter Dash JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Luksay, Thomas	13	Oceanside Track & Field Club	9.10	NWI	2
2 Kruk, Cruz	13	Nanaimo & District Track & Fie	9.40	NWI	2
3 Baetz, Andrew	13	Oceanside Track & Field Club	9.44	NWI	3
4 Maccullough, Jake	13	Cowichan Valley Athletic Club	9.54	NWI	3
5 Howard, George	13	NorWesters Track & Field Club	9.58	NWI	2
6 Aikman - Heir, Kai	13	Oceanside Track & Field Club	9.66	NWI	2
7 Fast, Xavier	13	Cowichan Valley Athletic Club	9.69	NWI	1
8 Fontaine, Colten	13	Nanaimo & District Track & Fie	9.79	NWI	1
9 Dunnnett, Cedar	13	Nanaimo & District Track & Fie	9.84	NWI	1
10 Hawthorne, Benson	13	Peninsula Track & Field Club	9.90	NWI	3
11 Cheema, Bakshish	13	Cowichan Valley Athletic Club	10.13	NWI	1
12 Daigle, Sebastien	13	Cowichan Valley Athletic Club	12.36	NWI	2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 9 Year Olds 100 Meter Dash JD9

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Shepherd, Charles	15	Peninsula Track & Field Club	15.65	2.4	1
2 Tweten, Jakob	15	Cowichan Valley Athletic Club	16.74	2.4	1
3 Barlow, Easton	15	Oceanside Track & Field Club	16.89	2.4	1
4 Tripathi, Nirvaan	15	Nanaimo & District Track & Fie	16.98	2.4	1
5 Luch, Tyler	15	Nanaimo & District Track & Fie	17.33	-0.1	2
6 Rogers, Henry	15	Alberni Valley Track Club	17.51	-0.1	2
7 Cheema, Avtar	15	Cowichan Valley Athletic Club	18.28	-0.1	2
8 Alviano, Myles	15	Nanaimo & District Track & Fie	18.67	2.4	1
9 Dickson, Marcus	15	Nanaimo & District Track & Fie	20.03	-0.1	2

Men 10 Year Olds 100 Meter Dash JD10

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Ryan, Owen	14	Nanaimo & District Track & Fie	15.36	1.0	2
2 Hoselton, Henry	14	Comox Valley Cougars	16.19	1.6	1
3 Briese, Luke	14	Nanaimo & District Track & Fie	16.90	1.6	1
4 Willers, Caleb	14	Oceanside Track & Field Club	17.05	1.6	1
5 Capadouca, River	14	Nanaimo & District Track & Fie	17.08	1.6	1
6 Webber, Israel	14	Nanaimo & District Track & Fie	17.35	1.0	2
7 Muzyłowski, Logan	14	Powell River Track Club	17.49	1.0	2
8 Todd, Lachlan	14	Oceanside Track & Field Club	18.65	1.0	2

Men 11 Year Olds 100 Meter Dash JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Jadan, Owen	13	Cowichan Valley Athletic Club	14.77	-0.2	4
2 Tshibangu, Jason	13	Cowichan Valley Athletic Club	14.78	-0.8	3
3 Luksay, Thomas	13	Oceanside Track & Field Club	14.97	-0.8	3
4 Baetz, Andrew	13	Oceanside Track & Field Club	15.07	-0.2	4
5 Maccullough, Jake	13	Cowichan Valley Athletic Club	15.26	-1.0	1
6 Kruk, Cruz	13	Nanaimo & District Track & Fie	15.48	-1.0	1
7 Aikman - Heir, Kai	13	Oceanside Track & Field Club	15.65	-1.0	1
8 Densmore, Mason	13	Nanaimo & District Track & Fie	15.74	-0.2	4
9 Fiander, Finnley	13	Comox Valley Cougars	15.87	-1.0	1
10 Fast, Xavier	13	Cowichan Valley Athletic Club	15.95	-0.2	4
11 Shepherd, Henry	13	Peninsula Track & Field Club	16.07	-0.8	2
12 Fontaine, Colten	13	Nanaimo & District Track & Fie	16.09	-0.8	2
13 Bates, Kingston	13	Cowichan Valley Athletic Club	16.15	-0.2	4
14 Hawthorne, Benson	13	Peninsula Track & Field Club	16.17	-0.2	4
15 Smith, Sebastian	13	Cowichan Valley Athletic Club	16.48	-0.8	2
16 McIndoe, Nelson	13	Cowichan Valley Athletic Club	16.55	-0.8	3
17 O'Brian, Dornan	13	Alberni Valley Track Club	16.61	-0.2	4
18 McCulloch, Alec	13	Nanaimo & District Track & Fie	16.61	-1.0	1
19 Cheema, Bakshish	13	Cowichan Valley Athletic Club	16.72	-0.2	4
20 Wayne Winterhalt, Oakes	13	Nanaimo & District Track & Fie	16.73	-0.8	2
21 Walker, Wiley	13	Oceanside Track & Field Club	17.22	-1.0	1
22 Ladouceur, Jett	13	Oceanside Track & Field Club	19.67	-0.8	2
23 Daigle, Sebastien	13	Cowichan Valley Athletic Club	20.13	-0.8	3

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 12 Year Olds 100 Meter Dash JD12

Name	Yr	Team	Finals	Wind
Finals				
1 Rose, Gavin	12	Comox Valley Cougars	15.31	-1.0
2 Fraser, Griffin	12	Powell River Track Club	15.56	-1.0
3 MacLeod, Iain	12	Nanaimo & District Track & Fie	15.74	-1.0
4 Rogers, Casey	12	Alberni Valley Track Club	16.77	-1.0
5 Pritchard, Pace	12	Alberni Valley Track Club	16.78	-1.0
6 Wynne-Smith, Tristan	12	Cowichan Valley Athletic Club	18.39	-1.0

Men 13 Year Olds 100 Meter Dash JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Holmgren, Coen	11	Peninsula Track & Field Club	13.53	0.8
2 Brand, Jonas	11	Nanaimo & District Track & Fie	13.93	0.8
3 Ryan, Ben	11	Nanaimo & District Track & Fie	14.10	0.8
4 Muller, Christopher	11	Cowichan Valley Athletic Club	15.17	0.8
5 Willers, Gabriel	11	Oceanside Track & Field Club	15.30	0.8

Men 14-15 100 Meter Dash U16

BC Record: 10.91 R 1987-07-18 PETER OGILVIE, VOCA

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Haab, Levi	10	Nanaimo & District Track & Fie	12.92	1.7	1
2 Miller, Mason	09	Nanaimo & District Track & Fie	13.06	0.9	2
3 Hill, Tristan	10	Victoria Speed Project	13.13	0.9	2
4 Ohiaeri, Chinazor	09	Nanaimo & District Track & Fie	13.22	0.9	2
5 Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	13.32	1.7	1
6 Holmgren, Emilian	09	Peninsula Track & Field Club	13.42	0.9	2
7 Williams, Kai	10	Peninsula Track & Field Club	13.94	1.7	1
8 Jones, Myles	10	Peninsula Track & Field Club	14.69	1.7	1

Men 16-17 100 Meter Dash U18

BC Record: 10.41 R 1989-06-08 PETER OGILVIE, VOCA

Name	Yr	Team	Finals	Wind
Finals				
1 Acosta, Lucas	08	Nanaimo & District Track & Fie	11.63	2.2
2 Trousil, Rowan	07	Athletics Victoria Track And F	11.81	2.2
3 Edmondson, Max	08	Dover Bay Secondary	12.01	2.2
4 Slauenwhite, Joshua	08	Peninsula Track & Field Club	12.26	2.2

Men 18-19 100 Meter Dash U20

BC Record: 10.38 R 2001-08-20 NATHAN TAYLOR, CXVC

Name	Yr	Team	Finals	Wind
Finals				
1 Mohamed, Faaris	06	Elite Track & Field Academy	12.27	2.2
2 Schnider, Taylor	06	Oceanside Track & Field Club	12.38	2.2

Men 14+ 100 Meter Dash Open

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Moonsamy, Krescyn	05	Nanaimo & District Track & Fie	11.17	1.5	3

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 14+ 100 Meter Dash Open)

	Name	Yr	Team	Finals	Wind	H#
2	Haagensen, Chase	02	Athletics Victoria Track And F	11.21	1.5	3
3	Westbrook, Calum	95	Unattached British Columbia	11.30	1.5	3
4	Klimo, Francis	96	Elite Track & Field Academy	11.32	1.8	2
5	Correa, Oleg	00	Athletics Victoria Track And F	11.94	1.5	3
6	Vaisius, Dimitri	83	Cowichan Valley Athletic Club	12.15	1.5	3
7	Glodek, Bartosz	90	Victoria Speed Project	12.17	1.5	3
8	Hall, Daniel	02	Nanaimo & District Track & Fie	12.27	1.5	3
9	Orser, Khyll	87	Peninsula Track & Field Club	12.38	1.5	3
10	Robinson, Brad	84	Unattached-New Brunswick	12.45	1.8	2
11	Hall, Kyle	65	Unattached British Columbia	12.92	1.8	2
12	Bancosta, Ferdie	76	Athletics Victoria Track And F	13.15	1.8	2
13	Copeland, Cale	74	Athletics Victoria Track And F	13.38	0.4	1
14	Jadan, Patrick	84	Cowichan Valley Athletic Club	13.68	1.8	2
15	Stewart, Matthew	68	Nanaimo & District Track & Fie	14.27	1.8	2
16	Francis, Daniel	74	Unattached British Columbia	14.52	1.8	2
17	Befus, Glenn	51	Nanaimo & District Track & Fie	15.77	0.4	1
18	Stevens, Glenn	50	Unattached British Columbia	16.49	0.4	1
19	Thompson, Lynn	39	Unattached British Columbia	18.54	0.4	1
20	Munro, David	41	Nanaimo & District Track & Fie	21.56	0.4	1

Men 11 Year Olds 200 Meter Dash JD11

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	Baetz, Andrew	13	Oceanside Track & Field Club	30.64	NWI	2
2	Luksay, Thomas	13	Oceanside Track & Field Club	31.37	NWI	1
3	Shepherd, Henry	13	Peninsula Track & Field Club	32.03	NWI	1
4	Maccullough, Jake	13	Cowichan Valley Athletic Club	32.03	NWI	1
5	Howard, George	13	NorWesters Track & Field Club	32.17	NWI	2
6	Hawthorne, Benson	13	Peninsula Track & Field Club	32.43	NWI	3
7	Densmore, Mason	13	Nanaimo & District Track & Fie	32.62	NWI	2
8	Fontaine, Colten	13	Nanaimo & District Track & Fie	32.67	NWI	3
9	Aikman - Heir, Kai	13	Oceanside Track & Field Club	32.85	NWI	2
10	Fiander, Finnley	13	Comox Valley Cougars	33.12	NWI	2
11	Cheema, Bakshish	13	Cowichan Valley Athletic Club	33.32	NWI	2
12	O'Brian, Dornan	13	Alberni Valley Track Club	34.12	NWI	1
13	Norman, Oskar	13	Nanaimo & District Track & Fie	34.43	NWI	1
14	McCulloch, Alec	13	Nanaimo & District Track & Fie	35.84	NWI	3

Men 12 Year Olds 200 Meter Dash JD12

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	Jones, Justin	12	Peninsula Track & Field Club	30.03	NWI	1
2	Matthews, Harrison	12	Peninsula Track & Field Club	30.18	NWI	1
3	Ramstead, Liam	12	Cowichan Valley Athletic Club	31.06	NWI	2
4	Zaal, Carter	12	Comox Valley Cougars	31.12	NWI	1
5	Rose, Gavin	12	Comox Valley Cougars	31.25	NWI	1
6	Dunlop, Ryker	12	Cowichan Valley Athletic Club	32.29	NWI	2
7	Yamamoto-Untereiner, Kai	12	Cowichan Valley Athletic Club	33.33	NWI	2
8	Rogers, Casey	12	Alberni Valley Track Club	33.75	NWI	2
9	O'Reilly, Waylin	12	Oceanside Track & Field Club	34.82	NWI	2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 13 Year Olds 200 Meter Dash JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Holmgren, Coen	11	Peninsula Track & Field Club	28.13	NWI
2 Ryan, Ben	11	Nanaimo & District Track & Fie	30.00	NWI
3 Gordon, Oban	11	Peninsula Track & Field Club	33.72	NWI

Men 14-15 200 Meter Dash U16

BC Record: 21.96 R 1987-07-19 PETER OGILVIE, VOCA

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Dickinson, Aidan	09	Athletics Victoria Track And F	25.84	1.2	2
2 Holmgren, Emilian	09	Peninsula Track & Field Club	26.24	1.2	2
3 Haab, Levi	10	Nanaimo & District Track & Fie	27.55	2.3	1
4 Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	28.22	1.2	2
5 Williams, Kai	10	Peninsula Track & Field Club	28.63	1.2	2
6 Jones, Myles	10	Peninsula Track & Field Club	30.71	2.3	1
7 Stubbs, Grayson	10	Peninsula Track & Field Club	31.87	2.3	1

Men 16-17 200 Meter Dash U18

BC Record: 20.94 R 1989-05-27 PETER OGILVIE, VOCA

Name	Yr	Team	Finals	Wind
Finals				
1 Esleyer, Gavin	08	Nanaimo & District Track & Fie	23.54	2.0
2 Venables, Levi	08	Unattached British Columbia	24.05	2.0
3 Edmondson, Max	08	Dover Bay Secondary	24.94	2.0
4 Slauenwhite, Joshua	08	Peninsula Track & Field Club	25.75	2.0
5 Ingalls, Cohen	08	Alberni Valley Track Club	27.05	2.0

Men 14+ 200 Meter Dash Open

Name	Yr	Team	Finals	Wind	H#
Finals					
1 Westbrook, Calum	95	Unattached British Columbia	22.49	2.8	2
2 Moonsamy, Krescyn	05	Nanaimo & District Track & Fie	22.65	2.8	2
3 Haagensen, Chase	02	Athletics Victoria Track And F	22.80	2.8	2
4 Jacek, Trevor	81	Running Wild Athletics Club	25.48	2.8	2
5 Myint, Win	74	Nanaimo & District Track & Fie	26.12	2.8	2
6 Holmgren, Aaron	82	Peninsula Track & Field Club	26.52	2.8	2
7 Behnke, Jonathan	90	Vancouver Falcons Athletic Clu	26.64	2.8	2
8 Jadan, Patrick	84	Cowichan Valley Athletic Club	27.93	2.8	2
9 Stewart, Matthew	68	Nanaimo & District Track & Fie	29.71	0.9	1
10 Thompson, Lynn	39	Unattached British Columbia	39.78	0.9	1

Men 12 Year Olds 300 Meter Dash JD12

Name	Yr	Team	Finals
Finals			
1 Brady, Kane	12	Nanaimo & District Track & Fie	52.89
2 Rogers, Casey	12	Alberni Valley Track Club	54.12

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 13 Year Olds 300 Meter Dash JD13

Name	Yr	Team	Finals
Finals			
1 Holmgren, Coen	11	Peninsula Track & Field Club	44.10
2 Ryan, Ben	11	Nanaimo & District Track & Fie	48.02
3 Willers, Gabriel	11	Oceanside Track & Field Club	50.00
4 Gordon, Oban	11	Peninsula Track & Field Club	52.87

Men 14-15 300 Meter Dash U16

BC Record: 35.49 R 2012-08-18 JAKE HANNA, OATF

Name	Yr	Team	Finals	H#
Finals				
1 Dickinson, Aidan	09	Athletics Victoria Track And F	40.03	2
2 Hill, Tristan	10	Victoria Speed Project	40.59	2
3 Cunning, Carter	10	Nanaimo & District Track & Fie	40.99	2
4 Williams, Kai	10	Peninsula Track & Field Club	46.26	1
5 Jones, Myles	10	Peninsula Track & Field Club	49.78	1

Men 16-17 400 Meter Dash U18

BC Record: 46.49 R 1995-09-02 SHANE NIEMI, KAML

Name	Yr	Team	Finals
Finals			
1 Ingalls, Cohen	08	Alberni Valley Track Club	61.54

Men 18-19 400 Meter Dash U20

BC Record: 45.83 R 1997-07-19 SHANE NIEMI, KAML

Name	Yr	Team	Finals
Finals			
1 Doniol-Valcroze, Victor	06	Nanaimo & District Track & Fie	54.37
2 Mohamed, Faaris	06	Elite Track & Field Academy	58.05

Men 14+ 400 Meter Dash Open

Name	Yr	Team	Finals	H#
Finals				
1 Taylor, Nick	96	Victoria Speed Project	50.83	2
2 Jobson-Stier, Shea	97	Elite Track & Field Academy	51.34	2
3 Winkler, Matthew	88	Unattached British Columbia	52.58	2
4 Hurlen, Erik	78	Unattached British Columbia	54.60	2
5 Correa, Oleg	00	Athletics Victoria Track And F	54.80	2
6 Holmgren, Aaron	82	Peninsula Track & Field Club	54.89	2
7 Jacek, Trevor	81	Running Wild Athletics Club	55.27	2
8 Behnke, Jonathan	90	Vancouver Falcons Athletic Clu	58.52	1
9 Jadan, Patrick	84	Cowichan Valley Athletic Club	65.22	1
10 Befus, Glenn	51	Nanaimo & District Track & Fie	78.06	1
11 Hendrie, Tim	50	Nanaimo & District Track & Fie	2:05.55	1

Men 9 Year Olds 600 Meter Run JD9

Name	Yr	Team	Finals
Finals			
1 Shepherd, Charles	15	Peninsula Track & Field Club	2:04.09
2 Tripathi, Nirvaan	15	Nanaimo & District Track & Fie	2:08.14
3 Tweten, Jakob	15	Cowichan Valley Athletic Club	2:11.34

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 9 Year Olds 600 Meter Run JD9)

Name	Yr	Team	Finals
4 Barlow, Easton	15	Oceanside Track & Field Club	2:15.00
5 Rogers, Henry	15	Alberni Valley Track Club	2:19.57
6 Dickson, Marcus	15	Nanaimo & District Track & Fie	2:23.69
7 Cheema, Avtar	15	Cowichan Valley Athletic Club	2:29.02
8 Upson, Huxley	15	Comox Valley Cougars	2:36.54

Men 10 Year Olds 600 Meter Run JD10

Name	Yr	Team	Finals
Finals			
1 Ryan, Owen	14	Nanaimo & District Track & Fie	2:01.40
2 Phillips, Henry	14	Cowichan Valley Athletic Club	2:01.96
3 Capadouca, River	14	Nanaimo & District Track & Fie	2:05.43
4 Newstone, Chase	14	Nanaimo & District Track & Fie	2:07.25
5 Willers, Caleb	14	Oceanside Track & Field Club	2:15.55
6 Valastiak, Elijah	14	Cowichan Valley Athletic Club	2:29.50

Men 11 Year Olds 600 Meter Run JD11

Name	Yr	Team	Finals	H#
Finals				
1 Baetz, Andrew	13	Oceanside Track & Field Club	1:57.05	1
2 Maccullough, Jake	13	Cowichan Valley Athletic Club	2:00.70	1
3 Dunnett, Cedar	13	Nanaimo & District Track & Fie	2:01.31	2
4 Norman, Oskar	13	Nanaimo & District Track & Fie	2:02.73	2
5 Shepherd, Henry	13	Peninsula Track & Field Club	2:05.30	2
6 Luksay, Thomas	13	Oceanside Track & Field Club	2:06.01	1
7 Cheema, Bakshish	13	Cowichan Valley Athletic Club	2:08.14	2
8 Christensen, Peter	13	Nanaimo & District Track & Fie	2:10.04	1
9 McCulloch, Alec	13	Nanaimo & District Track & Fie	2:10.46	2
10 Donohoe, James	13	Oceanside Track & Field Club	2:10.72	1
11 O'Brian, Dornan	13	Alberni Valley Track Club	2:12.24	1
12 Knight, Brody	13	Unattached	2:14.62	1

Men 12 Year Olds 800 Meter Run JD12

Name	Yr	Team	Finals
Finals			
1 Ramstead, Liam	12	Cowichan Valley Athletic Club	2:42.43
2 Brady, Kane	12	Nanaimo & District Track & Fie	2:47.03
3 Yamamoto-Untereiner, Kai	12	Cowichan Valley Athletic Club	2:55.98
4 Rogers, Casey	12	Alberni Valley Track Club	2:57.66

Men 13 Year Olds 800 Meter Run JD13

Name	Yr	Team	Finals
Finals			
1 Holmgren, Coen	11	Peninsula Track & Field Club	2:25.71
2 Willers, Gabriel	11	Oceanside Track & Field Club	2:37.17

Men 14-15 800 Meter Run U16

BC Record: 1:55.51 R 1983-07-10 KEVIN ROBINSON, VRTC

Name	Yr	Team	Finals
Finals			
1 Holmgren, Emilian	09	Peninsula Track & Field Club	2:13.34

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 14-15 800 Meter Run U16)

Name	Yr	Team	Finals
2 Cunning, Carter	10	Nanaimo & District Track & Fie	2:16.31
3 Morse, Griffin	09	Nanaimo & District Track & Fie	2:21.39
4 Luch, Ryan	10	Nanaimo & District Track & Fie	2:24.51
5 Henry, Cody	09	Cowichan Valley Athletic Club	2:27.34

Men 16-17 800 Meter Run U18

BC Record: 1:50.28 R 1985-07-27 KEVIN ROBINSON, VRTC

Name	Yr	Team	Finals
Finals			
1 Franey, Egan	08	Peninsula Track & Field Club	2:06.60
2 Venables, Levi	08	Unattached British Columbia	2:09.27

Men 18-19 800 Meter Run U20

BC Record: 1:47.33 R 1997-08-24 ZACH WHITMARSH, VTFC

Name	Yr	Team	Finals
Finals			
1 Shurniak, Kynan	06	Nanaimo & District Track & Fie	2:05.15
2 Morrison, Nicholas	06	Nanaimo & District Track & Fie	2:06.83

Men 14+ 800 Meter Run Open

Name	Yr	Team	Finals
Finals			
1 Behnke, Jonathan	90	Vancouver Falcons Athletic Clu	2:08.46

Men 9 Year Olds 1000 Meter Run JD9

Name	Yr	Team	Finals
Finals			
1 Shepherd, Charles	15	Peninsula Track & Field Club	3:34.01
2 Tripathi, Nirvaan	15	Nanaimo & District Track & Fie	3:44.41
3 Tweten, Jakob	15	Cowichan Valley Athletic Club	3:52.92
4 Dickson, Marcus	15	Nanaimo & District Track & Fie	4:01.34
5 Cheema, Avtar	15	Cowichan Valley Athletic Club	4:06.99
6 Rogers, Henry	15	Alberni Valley Track Club	4:09.47

Men 10 Year Olds 1000 Meter Run JD10

Name	Yr	Team	Finals
Finals			
1 Capadouca, River	14	Nanaimo & District Track & Fie	3:35.63
2 Newstone, Chase	14	Nanaimo & District Track & Fie	3:42.80
3 Willers, Caleb	14	Oceanside Track & Field Club	3:59.35

Men 11 Year Olds 1000 Meter Run JD11

Name	Yr	Team	Finals	H#
Finals				
1 Rentiers, William	13	Campbell River Comets	3:27.59	1
2 Shepherd, Henry	13	Peninsula Track & Field Club	3:28.65	1
3 Norman, Oskar	13	Nanaimo & District Track & Fie	3:35.26	1
4 Maccullough, Jake	13	Cowichan Valley Athletic Club	3:35.53	1
5 Cheema, Bakshish	13	Cowichan Valley Athletic Club	3:37.34	2
6 Smith, Sebastian	13	Cowichan Valley Athletic Club	3:41.17	1
7 Dunnett, Cedar	13	Nanaimo & District Track & Fie	3:45.52	2

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 11 Year Olds 1000 Meter Run JD11)

Name	Yr	Team	Finals	H#
8 Hawthorne, Benson	13	Peninsula Track & Field Club	3:46.96	2
9 Donohoe, James	13	Oceanside Track & Field Club	3:48.90	2
10 O'Brian, Dornan	13	Alberni Valley Track Club	3:53.17	1
11 Knight, Brody	13	Unattached	4:07.15	2
12 Walker, Wiley	13	Oceanside Track & Field Club	4:11.63	2

Men 12 Year Olds 1200 Meter Run JD12

Name	Yr	Team	Finals
Finals			
1 Matthews, Harrison	12	Peninsula Track & Field Club	4:16.40
2 Brady, Kane	12	Nanaimo & District Track & Fie	4:28.10
3 Rogers, Casey	12	Alberni Valley Track Club	4:38.83
4 Pritchard, Pace	12	Alberni Valley Track Club	4:46.76

Men 13 Year Olds 1200 Meter Run JD13

Name	Yr	Team	Finals
Finals			
1 Holmgren, Coen	11	Peninsula Track & Field Club	3:39.29

Men 14-15 1200 Meter Run U16

BC Record: 3:10.56 R 2013-08-09 BRENDAN HOFF, RIVC

Name	Yr	Team	Finals
Finals			
1 Cunning, Carter	10	Nanaimo & District Track & Fie	3:36.52
2 Hunt, Ethan	09	Unattached British Columbia	3:43.03
3 Luch, Ryan	10	Nanaimo & District Track & Fie	3:56.22
4 Stubbs, Grayson	10	Peninsula Track & Field Club	4:20.07

Men 16-17 1500 Meter Run U18

BC Record: 3:45.90 R 1999-07-27 RYAN HAYDEN, KJAK

Name	Yr	Team	Finals
Finals			
1 Nixon, Lorenzo	07	Nanaimo & District Track & Fie	4:44.75

Men 18-19 1500 Meter Run U20

Name	Yr	Team	Finals
Finals			
--- Morrison, Nicholas	06	Nanaimo & District Track & Fie	NT

Men 14+ 1500 Meter Run Open

Name	Yr	Team	Finals
Finals			
1 Holmgren, Aaron	82	Peninsula Track & Field Club	4:24.35
2 Smit, Stephan	80	Unattached	4:38.41
3 Dunnett, Jamie	78	Unattached	4:43.07

Men 13 Year Olds 2000 Meter Run JD13

Name	Yr	Team	Finals
Finals			
1 Holmgren, Coen	11	Peninsula Track & Field Club	6:35.90
2 Ramstead, Zachary	11	Cowichan Valley Athletic Club	8:21.57

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 14-15 2000 Meter Run U16

BC Record: 5:44.50 R 2013-08-05 BRENDAN HOFF, RIVC

Name	Yr	Team	Finals
Finals			
1	Cunning, Carter	10 Nanaimo & District Track & Fie	6:30.67
2	Hunt, Ethan	09 Unattached British Columbia	6:40.67
3	Henry, Cody	09 Cowichan Valley Athletic Club	6:46.00
4	Kim, Oliver	09 Athletics Victoria Track And F	7:21.91
5	Jones, Myles	10 Peninsula Track & Field Club	7:26.39

Men 9 Year Olds 60 Meter Hurdles JD9

Name	Yr	Team	Finals	Wind
Finals				
1	Tripathi, Nirvaan	15 Nanaimo & District Track & Fie	13.11	-2.1
2	Barlow, Easton	15 Oceanside Track & Field Club	13.19	-2.1
3	Cheema, Avtar	15 Cowichan Valley Athletic Club	13.34	-2.1
4	Luch, Tyler	15 Nanaimo & District Track & Fie	13.83	-2.1
5	Dickson, Marcus	15 Nanaimo & District Track & Fie	14.98	-2.1

Men 10 Year Olds 60 Meter Hurdles JD10

Name	Yr	Team	Finals	Wind	H#
Finals					
1	Ryan, Owen	14 Nanaimo & District Track & Fie	11.87	-0.9	2
2	Newstone, Chase	14 Nanaimo & District Track & Fie	12.07	-0.9	2
3	Hoselton, Henry	14 Comox Valley Cougars	12.94	-0.9	2
4	Webber, Israel	14 Nanaimo & District Track & Fie	13.04	-0.9	2
5	Briese, Luke	14 Nanaimo & District Track & Fie	13.16	-0.6	1
6	Capadouca, River	14 Nanaimo & District Track & Fie	13.45	-0.6	1
7	Willers, Caleb	14 Oceanside Track & Field Club	14.15	-0.9	2
8	Muzykowski, Logan	14 Powell River Track Club	14.57	-0.9	2

Men 11 Year Olds 60 Meter Hurdles JD11

Name	Yr	Team	Finals	Wind	H#
Finals					
1	Baetz, Andrew	13 Oceanside Track & Field Club	11.22	-1.3	1
2	Gross, Curtis	13 Nanaimo & District Track & Fie	12.35	-1.0	2
3	Bates, Kingston	13 Cowichan Valley Athletic Club	12.50	-1.0	2
4	Dunnett, Cedar	13 Nanaimo & District Track & Fie	12.63	-1.0	2
5	Densmore, Mason	13 Nanaimo & District Track & Fie	12.66	-1.0	2
6	Norman, Oskar	13 Nanaimo & District Track & Fie	13.10	-1.3	1
7	Fontaine, Colten	13 Nanaimo & District Track & Fie	13.18	-1.3	1
8	Wayne Winterhalt, Oakes	13 Nanaimo & District Track & Fie	13.38	-1.3	1
9	Luksay, Thomas	13 Oceanside Track & Field Club	13.40	-1.3	1
10	Daigle, Sebastien	13 Cowichan Valley Athletic Club	14.84	-1.3	1
---	Cheema, Bakshish	13 Cowichan Valley Athletic Club	DQ	-1.0	2
---	Tshibangu, Jason	13 Cowichan Valley Athletic Club	DQ	-1.0	2

Men 12 Year Olds 80 Meter Hurdles JD12

Name	Yr	Team	Finals	Wind
Finals				
1	Jones, Justin	12 Peninsula Track & Field Club	15.05	-1.1
2	Fraser, Griffin	12 Powell River Track Club	15.05	-1.1

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 12 Year Olds 80 Meter Hurdles JD12)

Name	Yr	Team	Finals	Wind
3 MacLeod, Iain	12	Nanaimo & District Track & Fie	17.46	-1.1
4 Brady, Kane	12	Nanaimo & District Track & Fie	18.13	-1.1
5 Pritchard, Pace	12	Alberni Valley Track Club	19.63	-1.1

Men 13 Year Olds 80 Meter Hurdles JD13

Name	Yr	Team	Finals	Wind
1 Holmgren, Coen	11	Peninsula Track & Field Club	15.88	-2.4

Men 35+ 80 Meter Hurdles Masters

Name	Yr	Team	Finals	Wind
1 Thompson, Lynn	39	Unattached British Columbia	19.93	-1.1

Men 14-15 100 Meter Hurdles U16

33" - 0.840 m (10 x 13.00m, 8.50m, 10.50m) - Yellow

BC Record: 13.58 R 2008-07-25 NICK BLACKBURN, CXVC

Name	Yr	Team	Finals	Wind
1 Williams, Kai	10	Peninsula Track & Field Club	19.06	-3.6
2 Jones, Myles	10	Peninsula Track & Field Club	19.91	-3.6

Men 18-19 110 Meter Hurdles U20

39" - 0.991m (10 x 13.72m, 9.14m, 14.02m) - Blue

BC Record: 13.37 R 2017-07-21 ANASTAS ELEIPOULOS, VOC

Name	Yr	Team	Finals	Wind
1 Scherk, Michael	05	NorWesters Track & Field Club	14.51	-1.8
2 Therrien, Sacha	06	Nanaimo & District Track & Fie	17.59	-1.8

Men 14+ 110 Meter Hurdles Open

42" - 1.067m (10 x 13.72m, 9.14m, 14.02m) - Blue

Name	Yr	Team	Finals	Wind
1 Holmgren, Aaron	82	Peninsula Track & Field Club	21.33	-1.8
2 Jones, Chris	81	Peninsula Track & Field Club	21.33	-1.8

Men 12 Year Olds 200 Meter Hurdles JD12

Name	Yr	Team	Finals	Wind
1 Jones, Justin	12	Peninsula Track & Field Club	33.03	1.8
2 Ramstead, Liam	12	Cowichan Valley Athletic Club	36.17	1.8
3 Zaal, Carter	12	Comox Valley Cougars	38.09	1.8

Men 13 Year Olds 200 Meter Hurdles JD13

Name	Yr	Team	Finals	Wind
1 Willers, Gabriel	11	Oceanside Track & Field Club	34.07	0.9
2 Gordon, Oban	11	Peninsula Track & Field Club	36.47	0.9
3 Ramstead, Zachary	11	Cowichan Valley Athletic Club	36.67	0.9

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 35+ 200 Meter Hurdles Masters

Name	Yr	Team	Finals	Wind
Finals				
1 Thompson, Lynn	39	Unattached British Columbia	45.96	0.9

Men 14-15 300 Meter Hurdles U16

30" - 0.762m (7x50.00m, 35.00m, 40.00m) - Green

BC Record: 38.08 R 2014-04-13 JAKE HANNA, OATF

Name	Yr	Team	Finals
Finals			
1 Haab, Levi	10	Nanaimo & District Track & Fie	48.64
2 Williams, Kai	10	Peninsula Track & Field Club	50.42
3 Luch, Ryan	10	Nanaimo & District Track & Fie	52.12
--- Jones, Myles	10	Peninsula Track & Field Club	DQ

Men 16-17 400 Meter Hurdles U18

33" - 0.840m (10 x 45.00m, 35.00m, 40.00m) - Green

BC Record: 53.02 R 1998-08-15 JOSH GUGGENHEIMER, PGTF

Name	Yr	Team	Finals
Finals			
1 Venables, Levi	08	Unattached British Columbia	65.08

Men 18-19 400 Meter Hurdles U20

36" - 0.914m (10 x 45.00m, 35.00m, 40.00m) - Green

BC Record: 51.97 R 1978-07-28 LLOYD GUSS, KJAK

Name	Yr	Team	Finals
Finals			
1 Doniol-Valcroze, Victor	06	Nanaimo & District Track & Fie	63.94

Men 14-15 1500 Meter Steeplechase U16

30: - 0.762m (12 hurdles, 0 water)

BC Record: 4:18.39 R 2014-08-17 THOMAS NOBBS, VOCA

Name	Yr	Team	Finals
Finals			
1 Jones, Myles	10	Peninsula Track & Field Club	5:59.60
2 Stubbs, Grayson	10	Peninsula Track & Field Club	6:33.60

Men 16-17 2000 Meter Steeplechase U18

33" - 0.840m (18 hurdles, 5 water)

BC Record: 5:51.47 R 2011-07-06 DEON CLIFFORD, OATF

Name	Yr	Team	Finals
Finals			
1 Beaudoin, Rhys	08	Nanaimo & District Track & Fie	6:41.16
2 Nixon, Lorenzo	07	Nanaimo & District Track & Fie	7:24.57

Men 18-19 3000 Meter Steeplechase U20

36" - 0.914m (28 hurdles, 7 water)

BC Record: 8:55.27 R 2005-06-14 CHRIS WINTER, NORW

Name	Yr	Team	Finals
Finals			
1 Shurniak, Kynan	06	Nanaimo & District Track & Fie	10:36.73

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 14+ 4x800 Meter Relay Open

Team	Relay	Finals
Finals		
1 Unattached British Columbia 1) Jacek, Trevor 81	A 2) Carlson, Matthew 79	8:28.55 3) Holmgren, Aaron 82
2 Unattached British Columbia 1) Sinclair, Peter 76	B 2) watson, Liam 77	8:56.95 4) Winkler, Matthew 88 4) Klan, Paul 79

Men 9 Year Olds High Jump JD9

Name	Yr	Team	Finals
Finals			
1 Barlow, Easton	15	Oceanside Track & Field Club	1.11m
2 Van Zanden, Shane	15	Comox Valley Cougars	1.00m
3 Luch, Tyler	15	Nanaimo & District Track & Fie	0.90m
4 Dickson, Marcus	15	Nanaimo & District Track & Fie	0.85m

Men 10 Year Olds High Jump JD10

Name	Yr	Team	Finals
Finals			
1 Ryan, Owen	14	Nanaimo & District Track & Fie	J1.15m
2 Hoselton, Henry	14	Comox Valley Cougars	J1.05m
3 Webber, Israel	14	Nanaimo & District Track & Fie	J1.00m
4 Willers, Caleb	14	Oceanside Track & Field Club	J1.00m
5 Capadouca, River	14	Nanaimo & District Track & Fie	J1.00m

Men 11 Year Olds High Jump JD11

Name	Yr	Team	Finals
Finals			
1 Tshibangu, Jason	13	Cowichan Valley Athletic Club	1.30m
2 Baetz, Andrew	13	Oceanside Track & Field Club	1.25m
2 Densmore, Mason	13	Nanaimo & District Track & Fie	1.25m
4 Rentiers, William	13	Campbell River Comets	1.20m
4 Smith, Sebastian	13	Cowichan Valley Athletic Club	1.20m
4 Donohoe, James	13	Oceanside Track & Field Club	1.20m
7 Fast, Xavier	13	Cowichan Valley Athletic Club	1.10m
7 Dunnett, Cedar	13	Nanaimo & District Track & Fie	1.10m
9 Fiander, Finnley	13	Comox Valley Cougars	1.05m
9 Hawthorne, Benson	13	Peninsula Track & Field Club	1.05m
11 Cheema, Bakshish	13	Cowichan Valley Athletic Club	1.00m
11 Fontaine, Colten	13	Nanaimo & District Track & Fie	1.00m
11 Christensen, Peter	13	Nanaimo & District Track & Fie	1.00m
11 Gross, Curtis	13	Nanaimo & District Track & Fie	1.00m
15 Jadan, Owen	13	Cowichan Valley Athletic Club	0.95m
--- Griffiths, Brody	13	Campbell River Comets	NH
--- Knight, Brody	13	Unattached	NH

Men 12 Year Olds High Jump JD12

Name	Yr	Team	Finals
Finals			
1 Fraser, Griffin	12	Powell River Track Club	1.30m
2 Rose, Gavin	12	Comox Valley Cougars	1.25m
3 Wynne-Smith, Tristan	12	Cowichan Valley Athletic Club	1.15m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 13 Year Olds High Jump JD13

Name	Yr	Team	Finals
Finals			
1 Bewsey, Ethan	11	Oceanside Track & Field Club	1.35m
2 Muller, Christopher	11	Cowichan Valley Athletic Club	1.30m
3 Willers, Gabriel	11	Oceanside Track & Field Club	1.25m

Men 14-15 High Jump U16

BC Record: 1.98m R 2021-07-24 CAIDYM MAVER, OATF

Name	Yr	Team	Finals
Finals			
1 Holmgren, Emilian	09	Peninsula Track & Field Club	1.60m
2 Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	1.45m
3 Williams, Kai	10	Peninsula Track & Field Club	1.25m
4 Jones, Myles	10	Peninsula Track & Field Club	1.20m

Men 18-19 High Jump U20

BC Record: 2.21m R 2004-07-15 MICHAEL MASON, VRTC

Name	Yr	Team	Finals
Finals			
--- Schnider, Taylor	06	Oceanside Track & Field Club	NH

Men 14+ High Jump Open

Name	Yr	Team	Finals
Finals			
1 Donaldson, Sven	49	Nanaimo & District Track & Fie	1.23m
2 Hendrie, Tim	50	Nanaimo & District Track & Fie	0.90m

Men 14-15 Pole Vault U16

BC Record: 4.00m R 2020-10-17 AIDAN TURNER, OATF

Name	Yr	Team	Finals
Finals			
1 Millard, James	10	NorWesters Track & Field Club	1.90m

Men 16-17 Pole Vault U18

BC Record: 4.75m R 2000-08-12 MATHEW CLIFFORED, VRTC

Name	Yr	Team	Finals
Finals			
1 Millard, William	07	NorWesters Track & Field Club	3.80m

Men 14+ Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Ciccateri, Jim	60	Athletics Victoria Track And F	2.70m
2 Donaldson, Sven	49	Nanaimo & District Track & Fie	2.20m
--- Snashall, Kael	99	Athletics Victoria Track And F	NH

Men 9 Year Olds Long Jump JD9

Name	Yr	Team	Finals	Wind
Finals				
1 Barlow, Easton	15	Oceanside Track & Field Club	2.85m	NWI
2 Tweten, Jakob	15	Cowichan Valley Athletic Club	2.78m	NWI
3 Luch, Tyler	15	Nanaimo & District Track & Fie	2.67m	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 9 Year Olds Long Jump JD9)

Name	Yr	Team	Finals	Wind
4 Cheema, Avtar	15	Cowichan Valley Athletic Club	2.62m	NWI
4 Rogers, Henry	15	Alberni Valley Track Club	2.62m	NWI
6 Dickson, Marcus	15	Nanaimo & District Track & Fie	2.49m	NWI
7 Tripathi, Nirvaan	15	Nanaimo & District Track & Fie	2.12m	NWI
8 Upson, Huxley	15	Comox Valley Cougars	1.99m	NWI

Men 10 Year Olds Long Jump JD10

Name	Yr	Team	Finals	Wind
Finals				
1 Webber, Israel	14	Nanaimo & District Track & Fie	3.36m	NWI
2 Newstone, Chase	14	Nanaimo & District Track & Fie	3.34m	NWI
3 Willers, Caleb	14	Oceanside Track & Field Club	3.33m	NWI
4 Capadouca, River	14	Nanaimo & District Track & Fie	3.21m	NWI
5 Briese, Luke	14	Nanaimo & District Track & Fie	3.15m	NWI
6 Phillips, Henry	14	Cowichan Valley Athletic Club	3.10m	NWI
7 Valastiak, Elijah	14	Cowichan Valley Athletic Club	2.89m	NWI
8 Hoselton, Henry	14	Comox Valley Cougars	2.76m	NWI

Men 11 Year Olds Long Jump JD11

Name	Yr	Team	Finals	Wind
Finals				
1 Tshibangu, Jason	13	Cowichan Valley Athletic Club	3.84m	NWI
2 Baetz, Andrew	13	Oceanside Track & Field Club	3.81m	NWI
3 Luksay, Thomas	13	Oceanside Track & Field Club	3.65m	NWI
4 Fontaine, Colten	13	Nanaimo & District Track & Fie	3.60m	NWI
5 Howard, George	13	NorWesters Track & Field Club	3.48m	NWI
6 Densmore, Mason	13	Nanaimo & District Track & Fie	3.47m	NWI
7 Kruk, Cruz	13	Nanaimo & District Track & Fie	3.45m	NWI
8 McCulloch, Alec	13	Nanaimo & District Track & Fie	3.43m	NWI
9 Shepherd, Henry	13	Peninsula Track & Field Club	3.39m	NWI
10 Dunnett, Cedar	13	Nanaimo & District Track & Fie	3.18m	NWI
11 Cheema, Bakshish	13	Cowichan Valley Athletic Club	3.15m	NWI
12 Aikman - Heir, Kai	13	Oceanside Track & Field Club	3.05m	NWI
13 Fast, Xavier	13	Cowichan Valley Athletic Club	3.04m	NWI
13 Gross, Curtis	13	Nanaimo & District Track & Fie	3.04m	NWI
15 Smith, Sebastian	13	Cowichan Valley Athletic Club	3.03m	NWI
16 Maccullough, Jake	13	Cowichan Valley Athletic Club	3.00m	NWI
17 Norman, Oskar	13	Nanaimo & District Track & Fie	2.94m	NWI
18 McIndoe, Nelson	13	Cowichan Valley Athletic Club	2.91m	NWI
19 Donohoe, James	13	Oceanside Track & Field Club	2.89m	NWI
20 Fiander, Finnley	13	Comox Valley Cougars	2.34m	NWI
21 Knight, Brody	13	Unattached	2.22m	NWI

Men 12 Year Olds Long Jump JD12

Name	Yr	Team	Finals	Wind
Finals				
1 Fraser, Griffin	12	Powell River Track Club	3.83m	NWI
2 Ramstead, Liam	12	Cowichan Valley Athletic Club	3.70m	NWI
3 Rose, Gavin	12	Comox Valley Cougars	3.69m	NWI
4 Jones, Justin	12	Peninsula Track & Field Club	3.64m	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 12 Year Olds Long Jump JD12)

Name	Yr	Team	Finals	Wind
5 Williamson, Rowan	12	Oceanside Track & Field Club	3.59m	NWI
6 MacLeod, Iain	12	Nanaimo & District Track & Fie	3.42m	NWI
7 Binder, Declan	12	Oceanside Track & Field Club	3.36m	NWI
8 Matthews, Harrison	12	Peninsula Track & Field Club	3.30m	NWI
9 O'Reilly, Waylin	12	Oceanside Track & Field Club	3.12m	NWI
10 Wynne-Smith, Tristan	12	Cowichan Valley Athletic Club	3.02m	NWI
11 Rogers, Casey	12	Alberni Valley Track Club	2.89m	NWI
12 Harvey, Max	12	Nanaimo & District Track & Fie	2.86m	NWI

Men 13 Year Olds Long Jump JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Willers, Gabriel	11	Oceanside Track & Field Club	4.12m	NWI
2 Holmgren, Coen	11	Peninsula Track & Field Club	3.97m	NWI
3 Ryan, Ben	11	Nanaimo & District Track & Fie	3.78m	NWI
4 English, Finn	11	Nanaimo & District Track & Fie	3.58m	NWI
5 Ramstead, Zachary	11	Cowichan Valley Athletic Club	3.33m	NWI

Men 14-15 Long Jump U16

BC Record: 6.82m R 2007-08-12 JARED HELDMAN, VRTC

Name	Yr	Team	Finals	Wind
Finals				
1 Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	4.94m	-0.3
2 Williams, Kai	10	Peninsula Track & Field Club	4.45m	0.2
3 Jones, Myles	10	Peninsula Track & Field Club	3.92m	0.4
4 Elliott, Cooper	10	Athletics Victoria Track And F	3.90m	1.5
5 Lazenby, Robert	10	Cowichan Valley Athletic Club	3.71m	0.5
6 Weir, Jacob	10	Cowichan Valley Athletic Club	3.21m	+0.0

Men 16-17 Long Jump U18

BC Record: 7.25m R 1994-08-06 SHANE NIEMI, KAML

Name	Yr	Team	Finals	Wind
Finals				
1 Slauenwhite, Joshua	08	Peninsula Track & Field Club	4.70m	0.4

Men 18-19 Long Jump U20

BC Record: 7.55m R CRAIG TAYLOR

Name	Yr	Team	Finals	Wind
Finals				
1 Servos, Justin	06	Comox Valley Cougars	6.01m	0.5

Men 14+ Long Jump Open

Name	Yr	Team	Finals	Wind
Finals				
1 Thompson, Lynn	39	Unattached British Columbia	3.02m	1.4

Men 13 Year Olds Triple Jump JD13

Name	Yr	Team	Finals	Wind
Finals				
1 Willers, Gabriel	11	Oceanside Track & Field Club	8.48m	NWI
2 Muller, Christopher	11	Cowichan Valley Athletic Club	7.91m	NWI

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 13 Year Olds Triple Jump JD13)

Name	Yr	Team	Finals	Wind
3 Gordon, Oban	11	Peninsula Track & Field Club	7.18m	NWI

Men 14-15 Triple Jump U16

BC Record: 13.82m R 2018-08-12 PRAISE ANIAMAKA, TBIR

Name	Yr	Team	Finals	Wind
Finals				
1 Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	10.84m	NWI
2 Luch, Ryan	10	Nanaimo & District Track & Fie	8.75m	NWI

Men 16-17 Triple Jump U18

BC Record: 14.93m R 2019-07-28 PRAISE ANIAMAKA, TBIR

Name	Yr	Team	Finals	Wind
Finals				
1 Trousil, Rowan	07	Athletics Victoria Track And F	11.23m	0.8

Men 14+ Triple Jump Open**Pit 1**

Name	Yr	Team	Finals	Wind
Finals				
1 Binder, Karl	82	Oceanside Track & Field Club	11.35m	+0.0
2 Jones, Chris	81	Peninsula Track & Field Club	8.61m	1.3
3 Thompson, Lynn	39	Unattached British Columbia	7.08m	0.8

Men 9 Year Olds Shot Put JD9

Name	Yr	Team	Finals
Finals			
1 Luch, Tyler	15	Nanaimo & District Track & Fie	5.26m
2 Cheema, Avtar	15	Cowichan Valley Athletic Club	5.16m
3 Rogers, Henry	15	Alberni Valley Track Club	5.01m
4 Upson, Huxley	15	Comox Valley Cougars	4.49m
5 Tweten, Jakob	15	Cowichan Valley Athletic Club	4.27m
6 Barlow, Easton	15	Oceanside Track & Field Club	3.00m
7 Dickson, Marcus	15	Nanaimo & District Track & Fie	2.95m

Men 10 Year Olds Shot Put JD10

Name	Yr	Team	Finals
Finals			
1 Valastiak, Elijah	14	Cowichan Valley Athletic Club	7.06m
2 Webber, Israel	14	Nanaimo & District Track & Fie	6.58m
3 Briese, Luke	14	Nanaimo & District Track & Fie	6.12m
4 Phillips, Henry	14	Cowichan Valley Athletic Club	5.53m
5 Capadouca, River	14	Nanaimo & District Track & Fie	4.96m
6 Muzylowski, Logan	14	Powell River Track Club	4.74m

Men 11 Year Olds Shot Put JD11

Name	Yr	Team	Finals
Finals			
1 Tshibangu, Jason	13	Cowichan Valley Athletic Club	8.58m
2 Donohoe, James	13	Oceanside Track & Field Club	7.81m
3 Aikman - Heir, Kai	13	Oceanside Track & Field Club	7.34m
4 McCulloch, Alec	13	Nanaimo & District Track & Fie	7.23m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 11 Year Olds Shot Put JD11)

Name	Yr	Team	Finals
5 Cheema, Bakshish	13	Cowichan Valley Athletic Club	6.49m
6 Howard, George	13	NorWesters Track & Field Club	6.16m
7 Baetz, Andrew	13	Oceanside Track & Field Club	5.98m
8 Densmore, Mason	13	Nanaimo & District Track & Fie	5.88m
9 Fontaine, Colten	13	Nanaimo & District Track & Fie	5.81m
10 Dunnnett, Cedar	13	Nanaimo & District Track & Fie	5.71m
11 Christensen, Peter	13	Nanaimo & District Track & Fie	5.56m
12 McIndoe, Nelson	13	Cowichan Valley Athletic Club	5.36m
13 Luksay, Thomas	13	Oceanside Track & Field Club	5.34m
14 Daigle, Sebastien	13	Cowichan Valley Athletic Club	5.24m
15 Knight, Brody	13	Unattached	4.02m

Men 12 Year Olds Shot Put JD12

Name	Yr	Team	Finals
Finals			
1 Fraser, Griffin	12	Powell River Track Club	6.56m
2 Ramstead, Liam	12	Cowichan Valley Athletic Club	5.96m
3 Jones, Justin	12	Peninsula Track & Field Club	5.78m
4 Rose, Gavin	12	Comox Valley Cougars	5.71m
5 Rogers, Casey	12	Alberni Valley Track Club	5.34m
6 MacLeod, Iain	12	Nanaimo & District Track & Fie	5.03m
7 Harvey, Max	12	Nanaimo & District Track & Fie	4.94m
8 Binder, Declan	12	Oceanside Track & Field Club	4.68m
9 Haynes, Elliott	12	Peninsula Track & Field Club	4.23m

Men 13 Year Olds Shot Put JD13

Name	Yr	Team	Finals
Finals			
1 Willers, Gabriel	11	Oceanside Track & Field Club	8.64m
2 English, Finn	11	Nanaimo & District Track & Fie	6.10m
3 Gordon, Oban	11	Peninsula Track & Field Club	6.09m
4 Ramstead, Zachary	11	Cowichan Valley Athletic Club	6.07m

Men 14-15 Shot Put U16**4.00 K****BC Record: 18.70m R 1983-07-31 DELORE LAKUSTA, SFTC**

Name	Yr	Team	Finals
Finals			
1 Miller, Mason	09	Nanaimo & District Track & Fie	10.03m
2 Elliott, Cooper	10	Athletics Victoria Track And F	8.23m
3 Lazenby, Robert	10	Cowichan Valley Athletic Club	6.34m
4 Jones, Myles	10	Peninsula Track & Field Club	6.31m
5 Nickolichuk, Samuel	10	Cowichan Valley Athletic Club	6.11m
6 Luch, Ryan	10	Nanaimo & District Track & Fie	5.57m

Men 16-17 Shot Put U18**5.00 K****BC Record: 19.32m R 2021-07-25 MICHAEL OGBEIWI, SOSA**

Name	Yr	Team	Finals
Finals			
1 Slauenwhite, Joshua	08	Peninsula Track & Field Club	5.81m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 18-19 Shot Put U20**6.00 K****BC Record: 18.17m R 2019-07-06 DRUV SOBTI, CAN**

	Name	Yr	Team	Finals
Finals				
1	Hengstler, Connor	05	Nanaimo & District Track & Fie	14.87m

Men 14+ Shot Put Open**7.26 K**

	Name	Yr	Team	Finals
Finals				
1	Vannini, Phillip	74	Athletics Victoria Track And F	11.02m
2	Vaisius, Dimitri	83	Cowichan Valley Athletic Club	10.66m
3	Stevens, Shawn	72	Ultra Throw	10.34m
4	Brodeur, Don	51	Unattached British Columbia	10.19m
5	Dangar, Uday	07	Nanaimo & District Track & Fie	10.17m
6	Morfitt, Graham	67	Comox Valley Cougars	9.99m
7	Jones, Chris	81	Peninsula Track & Field Club	7.89m
8	East, Les	39	Peninsula Track & Field Club	7.53m
9	Donaldson, Sven	49	Nanaimo & District Track & Fie	7.08m

Men 10 Year Olds Discus Throw JD10

	Name	Yr	Team	Finals
Finals				
1	Webber, Israel	14	Nanaimo & District Track & Fie	15.47m
2	Binder, Kaleb	14	Oceanside Track & Field Club	14.99m
3	Willers, Caleb	14	Oceanside Track & Field Club	12.63m
4	Valastiak, Elijah	14	Cowichan Valley Athletic Club	12.27m
5	Todd, Lachlan	14	Oceanside Track & Field Club	12.17m
6	Briese, Luke	14	Nanaimo & District Track & Fie	10.86m
7	Hoselton, Henry	14	Comox Valley Cougars	10.53m
8	Ryan, Owen	14	Nanaimo & District Track & Fie	10.10m

Men 11 Year Olds Discus Throw JD11

	Name	Yr	Team	Finals
Finals				
1	Rentiers, William	13	Campbell River Comets	19.31m
2	Bell, Reif	13	Nanaimo & District Track & Fie	17.80m
3	Baetz, Andrew	13	Oceanside Track & Field Club	16.99m
4	Fontaine, Colten	13	Nanaimo & District Track & Fie	15.47m
5	Aikman - Heir, Kai	13	Oceanside Track & Field Club	15.43m
6	McCulloch, Alec	13	Nanaimo & District Track & Fie	14.93m
7	Donohoe, James	13	Oceanside Track & Field Club	14.65m
8	Cheema, Bakshish	13	Cowichan Valley Athletic Club	13.83m
9	Daigle, Sebastien	13	Cowichan Valley Athletic Club	13.46m
10	Luksay, Thomas	13	Oceanside Track & Field Club	12.68m
11	McIndoe, Nelson	13	Cowichan Valley Athletic Club	11.15m
11	Walker, Wiley	13	Oceanside Track & Field Club	11.15m
13	Fiander, Finnley	13	Comox Valley Cougars	11.14m
14	Wayne Winterhalt, Oakes	13	Nanaimo & District Track & Fie	6.97m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 12 Year Olds Discus Throw JD12

Name	Yr	Team	Finals
Finals			
1 Fraser, Griffin	12	Powell River Track Club	15.97m
2 MacLeod, Iain	12	Nanaimo & District Track & Fie	15.65m
3 Wynne-Smith, Tristan	12	Cowichan Valley Athletic Club	14.45m
4 Matthews, Harrison	12	Peninsula Track & Field Club	13.37m
5 Haynes, Elliott	12	Peninsula Track & Field Club	12.06m
6 Binder, Declan	12	Oceanside Track & Field Club	10.65m
7 Jones, Justin	12	Peninsula Track & Field Club	9.95m

Men 13 Year Olds Discus Throw JD13

Name	Yr	Team	Finals
Finals			
1 Willers, Gabriel	11	Oceanside Track & Field Club	26.59m
2 Olsen, Finn	11	Nanaimo & District Track & Fie	24.67m
3 Brand, Jonas	11	Nanaimo & District Track & Fie	16.43m
4 Ryan, Ben	11	Nanaimo & District Track & Fie	15.94m
5 Smit, Johannes	11	Comox Valley Cougars	15.44m
6 Muller, Christopher	11	Cowichan Valley Athletic Club	15.13m
7 English, Finn	11	Nanaimo & District Track & Fie	14.44m
8 Gordon, Oban	11	Peninsula Track & Field Club	14.39m

Men 14-15 Discus Throw U16**1.00 K****BC Record: 59.38m R 1996-06-14 DYLAN ARMSTRONG, KAML**

Name	Yr	Team	Finals
Finals			
1 Lazenby, Robert	10	Cowichan Valley Athletic Club	23.93m
2 Elliott, Cooper	10	Athletics Victoria Track And F	22.32m
3 Jones, Myles	10	Peninsula Track & Field Club	19.83m
4 Stubbs, Grayson	10	Peninsula Track & Field Club	17.49m
5 Weir, Jacob	10	Cowichan Valley Athletic Club	17.36m
6 Nickolichuk, Samuel	10	Cowichan Valley Athletic Club	17.22m

Men 16-17 Discus Throw U18**1.50 K****BC Record: 57.67m R 2010-06-13 ADAM KEENAN, PATH**

Name	Yr	Team	Finals
Finals			
1 Dangar, Uday	07	Nanaimo & District Track & Fie	25.82m

Men 18-19 Discus Throw U20**1.75 K****BC Record: 54.00m R 2021-05-23 MATTHEW ULIANA, TBIR/KJAK**

Name	Yr	Team	Finals
Finals			
1 Hengstler, Connor	05	Nanaimo & District Track & Fie	46.79m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 14+ Discus Throw Open**2.00 K**

	Name	Yr	Team	Finals
Finals				
1	Vannini, Phillip	74	Athletics Victoria Track And F	37.22m
2	Morfitt, Graham	67	Comox Valley Cougars	33.07m
3	Brodeur, Don	51	Unattached British Columbia	31.41m

Men 12 Year Olds Hammer Throw JD12

	Name	Yr	Team	Finals
Finals				
1	Binder, Declan	12	Oceanside Track & Field Club	11.70m
2	Haynes, Elliott	12	Peninsula Track & Field Club	11.33m

Men 13 Year Olds Hammer Throw JD13

	Name	Yr	Team	Finals
Finals				
1	Willers, Gabriel	11	Oceanside Track & Field Club	32.73m
2	English, Finn	11	Nanaimo & District Track & Fie	16.41m
3	Smit, Johannes	11	Comox Valley Cougars	15.47m

Men 14-15 Hammer Throw U16**4.00 K****BC Record: 69.99m R 2019-08-17 KIAN ZABIHI, KAML**

	Name	Yr	Team	Finals
Finals				
1	Miller, Mason	09	Nanaimo & District Track & Fie	38.72m
2	Weir, Jacob	10	Cowichan Valley Athletic Club	15.94m
3	Nickolichuk, Samuel	10	Cowichan Valley Athletic Club	15.27m

Men 16-17 Hammer Throw U18**5.00 K****BC Record: 73.14m R 2021-09-19 MATTHEW ULIANA, TBIR/KJAK**

	Name	Yr	Team	Finals
Finals				
1	Dangar, Uday	07	Nanaimo & District Track & Fie	23.99m

Men 18-19 Hammer Throw U20**6.00 K****BC Record: 77.97m R 2021-05-23 ETHAN KATZBERG, KAML**

	Name	Yr	Team	Finals
Finals				
1	Gough, Ryan	06	Unattached British Columbia	31.32m

Men 14+ Hammer Throw Open**7.26 K**

	Name	Yr	Team	Finals
Finals				
1	Andulajevic, Mason	04	Unattached British Columbia	51.28m
2	Morfitt, Graham	67	Comox Valley Cougars	35.36m
3	Stevens, Shawn	72	Ultra Throw	30.91m
4	Brodeur, Don	51	Unattached British Columbia	29.09m
5	East, Les	39	Peninsula Track & Field Club	29.08m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 10 Year Olds Javelin Throw JD10

	Name	Yr	Team	Finals
Finals				
1	Binder, Kaleb	14	Oceanside Track & Field Club	18.24m
2	Briese, Luke	14	Nanaimo & District Track & Fie	17.11m
3	Hoselton, Henry	14	Comox Valley Cougars	16.25m
4	Valastiak, Elijah	14	Cowichan Valley Athletic Club	13.91m
5	Procter, Ollie	14	Oceanside Track & Field Club	11.74m
6	Lee, Isaac	14	Oceanside Track & Field Club	9.96m
7	Capadouca, River	14	Nanaimo & District Track & Fie	9.70m
8	Todd, Lachlan	14	Oceanside Track & Field Club	7.59m

Men 11 Year Olds Javelin Throw JD11

	Name	Yr	Team	Finals
Finals				
1	Bell, Reif	13	Nanaimo & District Track & Fie	21.65m
2	Walker, Wiley	13	Oceanside Track & Field Club	19.78m
3	Gross, Curtis	13	Nanaimo & District Track & Fie	18.73m
4	McCulloch, Alec	13	Nanaimo & District Track & Fie	18.58m
5	Luksay, Thomas	13	Oceanside Track & Field Club	17.60m
6	Baetz, Andrew	13	Oceanside Track & Field Club	17.45m
7	Aikman - Heir, Kai	13	Oceanside Track & Field Club	16.54m
8	Cheema, Bakshish	13	Cowichan Valley Athletic Club	15.87m
9	Griffiths, Brody	13	Campbell River Comets	15.13m
10	Kruk, Cruz	13	Nanaimo & District Track & Fie	14.98m
11	Fontaine, Colten	13	Nanaimo & District Track & Fie	14.04m
12	Dunnett, Cedar	13	Nanaimo & District Track & Fie	13.58m
13	Bates, Kingston	13	Cowichan Valley Athletic Club	13.27m
14	Densmore, Mason	13	Nanaimo & District Track & Fie	13.00m
15	Donohoe, James	13	Oceanside Track & Field Club	12.89m
16	Smith, Sebastian	13	Cowichan Valley Athletic Club	12.60m
17	Fast, Xavier	13	Cowichan Valley Athletic Club	12.50m
18	McIndoe, Nelson	13	Cowichan Valley Athletic Club	10.82m
19	Fiander, Finnley	13	Comox Valley Cougars	8.88m
20	Ladouceur, Jett	13	Oceanside Track & Field Club	6.10m

Men 12 Year Olds Javelin Throw JD12

	Name	Yr	Team	Finals
Finals				
1	Fraser, Griffin	12	Powell River Track Club	21.77m
2	Jones, Justin	12	Peninsula Track & Field Club	20.89m
3	Brady, Kane	12	Nanaimo & District Track & Fie	18.46m
4	Rose, Gavin	12	Comox Valley Cougars	17.05m
5	Ramstead, Liam	12	Cowichan Valley Athletic Club	16.71m
6	Binder, Declan	12	Oceanside Track & Field Club	16.15m
7	Matthews, Harrison	12	Peninsula Track & Field Club	15.18m
8	Williamson, Rowan	12	Oceanside Track & Field Club	13.98m
9	Yamamoto-Untereiner, Kai	12	Cowichan Valley Athletic Club	13.19m
10	Harvey, Max	12	Nanaimo & District Track & Fie	11.90m
11	Dunlop, Ryker	12	Cowichan Valley Athletic Club	11.76m
12	Wynne-Smith, Tristan	12	Cowichan Valley Athletic Club	11.43m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Finals ... (Men 12 Year Olds Javelin Throw JD12)

	Name	Yr	Team	Finals
13	Williamson, Dryden	12	Oceanside Track & Field Club	10.01m
14	O'Reilly, Waylin	12	Oceanside Track & Field Club	9.47m

Men 13 Year Olds Javelin Throw JD13

	Name	Yr	Team	Finals
Finals				
1	Willers, Gabriel	11	Oceanside Track & Field Club	31.55m
2	Olsen, Finn	11	Nanaimo & District Track & Fie	24.96m
3	English, Finn	11	Nanaimo & District Track & Fie	15.17m
4	Ryan, Ben	11	Nanaimo & District Track & Fie	13.24m

Men 14-15 Javelin Throw U16**600 g****BC Record: 60.94m R 2019-07-07 COLE BIBBY, KAMLOOPS TRA**

	Name	Yr	Team	Finals
Finals				
1	Kolen-Lee, Jonah	10	Nanaimo & District Track & Fie	30.16m
2	Haab, Levi	10	Nanaimo & District Track & Fie	29.82m
3	Elliott, Cooper	10	Athletics Victoria Track And F	26.22m
4	Galik, Benjamin	10	Comox Valley Cougars	21.88m
5	Nickolichuk, Samuel	10	Cowichan Valley Athletic Club	20.34m
6	Stubbs, Grayson	10	Peninsula Track & Field Club	19.79m
7	Miller, Mason	09	Nanaimo & District Track & Fie	19.52m
8	Lazenby, Robert	10	Cowichan Valley Athletic Club	18.85m
9	Weir, Jacob	10	Cowichan Valley Athletic Club	12.89m

Men 16-17 Javelin Throw U18**700 g****BC Record: 60.98m R 2006-06-03 KYLE NIELSEN, COCQ**

	Name	Yr	Team	Finals
Finals				
1	Macdonnell, Thomas	07	Comox Valley Cougars	53.78m
2	Dangar, Uday	07	Nanaimo & District Track & Fie	22.44m

Men 18-19 Javelin Throw U20**800 g****BC Record: 73.50m R 2011-07-23 CODY PARKER, CXVC**

	Name	Yr	Team	Finals
Finals				
1	U-Ming, Kayden	06	Comox Valley Cougars	55.03m

Men 14+ Javelin Throw Open**800 g**

	Name	Yr	Team	Finals
Finals				
1	Morfitt, Graham	67	Comox Valley Cougars	56.99m
2	Hall, Daniel	02	Nanaimo & District Track & Fie	30.95m
3	Stevens, Shawn	72	Ultra Throw	27.03m

**2024 Elwood Wylie
Rotary Bowl Stadium
Results**

Men 9 Year Olds 800 Meter Race Walk JD9

Name	Yr	Team	Finals
Finals			
---	Upson, Huxley	15 Comox Valley Cougars	DQ

Men 10 Year Olds 800 Meter Race Walk JD10

Name	Yr	Team	Finals
Finals			
1	Valastiak, Elijah	14 Cowichan Valley Athletic Club	6:31.84

Men 14-15 1500 Meter Race Walk U16

BC Record: 6:41.40 R 2005-06-12 EVAN DUNFEE, KJAK

Name	Yr	Team	Finals
Finals			
1	Lazenby, Robert	10 Cowichan Valley Athletic Club	8:59.55

Mixed 9+ 4x100 Meter Relay Open

Team	Relay	Finals	H#	
Finals				
1	Unattached	U	61.21	3
2	Unattached	M	63.42	2
3	Unattached	L	63.77	2
4	Unattached	J	63.84	2
5	Unattached	C	65.08	1
6	Unattached	S	65.89	3
7	Unattached	T	66.90	3
8	Unattached	H	67.22	1
9	Unattached	K	67.40	2
10	Unattached	O	69.43	2
11	Unattached	I	71.99	2
12	Unattached	G	73.75	1
13	Unattached	A	74.19	1
14	Unattached	N	74.29	2
15	Unattached	F	75.61	1
16	Unattached	B	76.68	1