

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 100 Meter Dash Grade 8**

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Narraway, Emma	St. John's P	13.50	13.49	-1.7	10
2 Brand, Danaea	Nanaimo Chri	13.54	13.61	-1.7	8
3 Blanco, Javana	St Andrew's	13.67	13.64	-1.7	6
4 Darrall, Lucia	Frances Kels	13.84	13.74	-1.7	5
5 Lewis, Addison	Georges P Va	13.66	13.80	-1.7	4
6 Timm, Anika	St Andrew's	14.16	14.00	-1.7	3
7 Adrian, Alexis	Cedar Commun	14.00	14.01	-1.7	2
8 Tshibangu, Jessica	Queen of Ang	14.31	14.32	-1.7	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 200 Meter Dash Grade 8**

Name	Year Team	Prelims	Finals	Wind	Points
1 Narraway, Emma	St. John's P	27.63	27.98	-0.7	10
2 Blanco, Javana	St Andrew's	28.13	28.40	-0.7	8
3 Lewis, Addison	Georges P Va	27.78	28.78	-0.7	6
4 Brand, Danaea	Nanaimo Chri	28.27	29.05	-0.7	5
5 Adrian, Alexis	Cedar Commun	28.49	29.12	-0.7	4
6 Darrall, Lucia	Frances Kels	29.58	30.18	-0.7	3
7 Bentley, Addison	Ecole Second	29.37	30.38	-0.7	2

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 400 Meter Dash Grade 8**

Name	Year Team	Prelims	Finals	Points
1 Golemba, Sejal	Alberni Dist	1:05.74	1:06.94	10
2 Chang-Slomp, Aelyn	Mark R. Isfe	1:10.96	1:08.08	8
3 Schmidt, Hazel	North Island	3:24.00	1:10.78	6
4 Colaco, Olivia	St. John's P	1:14.31	1:12.03	5
5 Pridham, Noah	Duncan Chris	1:18.28	1:12.47	4
6 Nicholson, Mya	St. John's P	1:18.28	1:12.53	3

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 800 Meter Run Grade 8**

Name	Year Team	Seed	Finals	Points
1 Cudmore, Indie	Mark R. Isfe	2:43.71	2:28.23	10
2 Gough, Charlotte	Frances Kels	2:47.09	2:32.10	8
3 Lewis, Skyla	Ladysmith	2:49.48	2:34.56	6
4 Klaassen, Evlyn	Queen Margaret's	2:53.65	2:45.46	5
5 Hayden, Renee	Gulf Islands	2:54.24	2:48.29	4
6 Phillips, Audrey	Quamichan School	2:55.24	2:50.29	3
7 Schmidt, Hazel	North Island	3.24	2:52.92	2
8 Wallwork-Ardal, Roan	Mark R. Isfe	3:00.64	2:54.08	1
9 Steele, Keira	Highland Secondary	2:57.91	2:57.31	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Run Grade 8**

Name	Year Team	Seed	Finals	Points
1 Cudmore, Indie	Mark R. Isfe	5:18.95	5:12.62	10
2 Lewis, Skyla	Ladysmith	5:24.05	5:24.53	8
3 Gough, Charlotte	Frances Kels	5:31.58	5:24.92	6
4 Hayden, Renee	Gulf Islands	6:06.24	6:13.63	5
5 Colaco, Olivia	St. John's P	6:06.28	6:38.51	4

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 3000 Meter Run Grade 8**

Name	Year Team	Seed	Finals	Points
1 Cudmore, Indie	Mark R. Isfe	12:02.42	11:10.18	10
2 Vrabel, Danica	Glenlyon Norfolk	12:41.20	12:07.99	8
3 Lewis, Skyla	Ladysmith	12:18.01	12:18.59	6
4 Bohac, Annika	Highland Secondary	13:18.45	12:55.50	5
5 Wallwork-Ardal, Roan	Mark R. Isfe	14:21.67	12:57.53	4
6 Sangha, Claire	Glenlyon Norfolk	13:43.50	13:04.88	3

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0

Centennial Stadium, University of Victoria

Results**Girls 80 Meter Hurdles Grade 8**

Name	Year Team	Seed	Finals	Wind	Points
1 Timm, Anika	St Andrew's	13.74	14.10	NWI	10
2 Wheatley, Nya	Alberni Dist	14.74	14.24	NWI	8
3 Klassen, Dylun	Brooks Secondary	15.03	15.27	NWI	6
4 Freund, Amy	Southgate Mi	17.67	17.82	NWI	5

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 200 Meter Hurdles Grade 8**

Name	Year Team	Seed	Finals	Wind	Points
1 Timm, Anika	St Andrew's	30.00	31.80	1.4	10
2 Wheatley, Nya	Alberni Dist	31.00	33.66	1.4	8
3 Nixon, Veronica	Dover Bay Secondary	39.48	38.40	1.4	6
4 Steele, Keira	Highland Secondary	40.22	38.87	1.4	5

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0

Centennial Stadium, University of Victoria

Results

Girls 4x100 Meter Relay Grade 8

Team	Prelims	Finals	Points
1 Southgate Middle School 'A'	58.78	57.30	10
2 St Andrew's Regional High 'A'	59.27	57.69	8
3 Mark R. Isfeld Senior Secondar 'A'	59.31	58.75	6

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0

Centennial Stadium, University of Victoria

Results

Girls 4x400 Meter Relay Grade 8

=====			
Team	Seed	Finals	Points
=====			
1 St Andrew's Regional High 'A'	4:58.93	5:31.27	10
1) De Torres Junge, Kyla	2) Weeks, Isabella		
3) Gibbs, Eliana	4) Ho, Kristin		

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls High Jump Grade 8**

Name	Year Team	Seed	Finals	Points
1 Bell, Tessa	Nanaimo Dist	1.44m	1.40m	10
2 Gough, Charlotte	Frances Kels	1.35m	1.35m	6.33
2 Harvey, Claire	Southgate Mi	1.39m	1.35m	6.33
2 Connelly, Nola	Quamichan School	1.35m	1.35m	6.33
5 Holst, Hana	Ecole Second	1.25m	1.30m	4
6 Swamy, Naya	Queen Margaret's	1.20m	1.20m	3
7 Anderson, Kaitlyn	Southgate Mi	1.25m	1.15m	2

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Long Jump Grade 8**

Name	Year Team	Seed	Finals	Wind	Points
1 Bell, Tessa	Nanaimo Dist	4.85m	4.84m	NWI	10
2 Lewis, Addison	Georges P Va	4.85m	4.75m	NWI	8
3 seeley, samira	Quamichan School	3.93m	4.29m	NWI	6
4 Blanco, Javana	St Andrew's	4.36m	4.14m	NWI	5
5 Tshibangu, Jessica	Queen of Ang	4.47m	4.12m	NWI	4
6 Narraway, Emma	St. John's P	3.30m	4.00m	NWI	3
7 Klassen, Dylun	Brooks Secondary	4.26m	3.99m	NWI	2
8 Kim, Jessica	Dover Bay Secondary	3.96m	3.93m	NWI	1
9 Janz, Anika	Mark R. Isfe	3.96m	3.75m	NWI	
10 Goldberg-Goris, Sierra	Brentwood Co	4.01m	3.69m	NWI	
11 Weeks, Isabella	St Andrew's	3.00m	3.62m	NWI	
12 Gibbs, Eliana	St Andrew's	2.99m	3.58m	NWI	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Triple Jump Grade 8**

Name	Year Team	Seed	Finals	Wind	Points
1 Bell, Tessa	Nanaimo Dist	10.14m	10.44m	NWI	10
2 Klassen, Dilyn	Brooks Secondary	9.15m	9.23m	NWI	8
3 Schmidt, Hazel	North Island	7.98m	8.53m	NWI	6

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Shot Put Grade 8**

Name	Year Team	Seed	Finals	Points
1 Moonsamy, Anishka	Aspengrove	8.03m	8.52m	10
2 Arnold, Hannah	Pacific Chri	8.71m	7.69m	8
3 Rigzin, Yeshe	Quamichan School	6.94m	7.62m	6
4 MacKenzie, Kendra	Southgate Mi	7.51m	7.46m	5
5 Chang-Slomp, Aelyn	Mark R. Isfe	7.81m	7.43m	4
6 Bruno, Kennedy	Ucluelet Secondary	7.49m	7.22m	3
7 Wikkerink, Naomi	Quamichan School	6.69m	7.17m	2
8 Armstrong, Georgia	Queen Margaret's	6.22m	6.43m	1
9 Kaur, Sukhman	Quamichan School	6.38m	5.59m	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Javelin Throw Grade 8**

Name	Year Team	Seed	Finals	Points
1 Harvey, Claire	Southgate Mi	19.97m	23.05m	10
2 MacKenzie, Kendra	Southgate Mi	17.74m	22.32m	8
3 Jack, Ava	Queen of Ang	21.08m	20.27m	6
4 Weir, Nevaeh	Quamichan School	15.18m	13.94m	5
5 Moonsamy, Anishka	Aspengrove	15.39m	13.21m	4
6 Golembe, Sejal	Alberni Dist	12.10m	12.61m	3
7 Connelly, Nola	Quamichan School	15.13m	10.11m	2

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 100 Meter Dash Junior**

Name	Year Team	Prelims	Finals	Wind	Points
1 Tupas-Singh, Kealayna	Pacific Chri	12.71	12.92	NWI	10
2 Hoffman, Victoria	Carihi Secondary	13.40	13.30	NWI	8
3 Blanco, Mariana	St Andrew's	13.32	13.44	NWI	6
4 Duncan, Ava	Ucluelet Secondary	13.47	13.54	NWI	5
5 Wedmann-Kent, Nova	Frances Kels	13.54	13.65	NWI	4
6 Von Lieven, Carla	Oak Bay Secondary	13.85	13.85	NWI	3
7 Adegbola, Christiana	Dover Bay Secondary	13.78	13.92	NWI	2
8 Saccucci, Isabella	Georges P Va	13.95	14.12	NWI	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 200 Meter Dash Junior**

Name	Year Team	Prelims	Finals	Wind	Points
1 Tupas-Singh, Kealayna	Pacific Chri	26.88	26.23	NWI	10
2 Russel, Lucy	Nanaimo Dist	27.10	27.22	NWI	8
3 Markotic, Schiona	Oak Bay Secondary	27.27	27.48	NWI	6
4 Blanco, Mariana	St Andrew's	27.60	27.49	NWI	5
5 Bowles, Sophia	Dover Bay Secondary	27.97	28.12	NWI	4
6 De Leeuw, Lyla	Quamichan School	28.76	28.93	NWI	3
7 Adegbola, Christiana	Dover Bay Secondary	28.70	29.03	NWI	2
8 Wedmann-Kent, Nova	Frances Kels	28.28	29.19	NWI	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 400 Meter Dash Junior**

Name	Year Team	Prelims	Finals	Points
1 Vizina, Maya	St Andrew's	1:02.94	1:00.28	10
2 Music, Maja	Royal Bay Secondary	1:02.19	1:01.81	8
3 Bowles, Sophia	Dover Bay Secondary	1:02.86	1:03.31	6
4 Walker, Layla	Queen Margaret's	1:05.17	1:04.12	5
5 Wesner, Maile	Mark R. Isfe	1:05.93	1:04.35	4
6 Markotic, Schiona	Oak Bay Secondary	1:06.09	1:06.61	3
7 Prince, Evelyn	Cedar Commun	1:10.75	1:11.02	2
8 Manj, Alliyah	Dover Bay Secondary	1:10.02	1:13.53	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 800 Meter Run Junior**

Name	Year Team	Seed	Finals	H#	Points
1 Dow, Alexa	Frances Kels	2:17.56	2:09.08	2	10
2 Lewis, Kendra	Dover Bay Secondary	2:33.57	2:31.03	2	8
3 Von Lieven, Carla	Oak Bay Secondary	2:33.82	2:31.20	2	6
4 Parfitt, Saige	Reynolds Secondary	2:28.91	2:31.21	2	5
5 Bieber, Audrey	Mount Dougla		2:32.06	1	4
6 Bowles, Sophia	Dover Bay Secondary	2:35.21	2:35.12	2	3
7 Walker, Layla	Queen Margaret's	2:46.22	2:40.15	1	2
8 Wesner, Maile	Mark R. Isfe	2:42.43	2:42.80	2	1
9 Romanik, Elsa	Nanaimo Dist	2:45.63	2:43.13	1	
9 McCluskey, Megan	Oak Bay Secondary	2:45.18	2:43.13	1	
11 Leach, Briar	Oak Bay Secondary	2:40.17	2:44.36	2	
12 Webber, Grace	Nanaimo Dist	3:05.38	2:52.50	1	
13 Blumel, Annette	Cowichan Secondary	2:43.83	2:52.81	2	
14 Toop, Sarah	Dover Bay Secondary	3:01.61	3:01.93	1	
15 Crompton, Rianna	Ecole Second	3:07.58	3:04.84	1	
16 Williams, Samantha	Nanaimo Dist	4:00.00	3:16.22	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Run Junior**

Name	Year Team	Seed	Finals	Points
1 Dow, Alexa	Frances Kels	4:40.52	4:38.23	10
2 Hunter-Siebert, Tessa	Stelly's Secondary	4:45.80	4:55.08	8
3 Gauthier, Ava	Nanaimo Dist	5:01.30	5:02.06	6
4 Campbell, Sara	Oak Bay Secondary	5:27.01	5:19.85	5
5 Gillette, Brea	Nanaimo Dist	5:50.38	5:22.29	4
6 Lewis, Ava	Oak Bay Secondary	5:21.54	5:27.23	3
7 Romanik, Elsa	Nanaimo Dist	5:38.36	5:29.66	2
8 Brookes, Bridget	Claremont Secondary	5:20.90	5:31.38	1
9 Bacon, Genevieve	Royal Bay Secondary	5:28.42	5:31.85	
10 Lewis, Kendra	Dover Bay Secondary	5:35.24	5:32.95	
11 Sykes, Ella	Oak Bay Secondary	5:27.42	5:33.30	
12 Dunnill, Sydney	Claremont Secondary	5:48.70	5:35.88	
13 Bieber, Audrey	Mount Dougla		5:41.36	
14 Miller, Alaina	Esquimalt High	5:43.24	5:46.34	
15 Sharpe, Beatrice	St Michaels	5:57.24	5:48.08	
16 Qiu, Nita	Dover Bay Secondary	6:02.06	6:02.99	
17 Crompton, Rianna	Ecole Second	6:29.76	6:14.50	
18 Toop, Sarah	Dover Bay Secondary	6:05.24	6:17.05	
19 Alguire, Rachel	Campbell Riv	5:06.78	6:39.87	
20 Nickolichuk, Naomi	Cowichan Secondary	7:02.19	7:13.07	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 3000 Meter Run Junior**

Name	Year Team	Seed	Finals	Points
1 Hunter-Siebert, Tessa	Stelly's Secondary	10:34.00	10:27.39	10
2 Gauthier, Ava	Nanaimo Dist	11:29.13	10:39.05	8
3 Liefsoens, Nelle	Brooks Secondary	11:04.19	11:09.41	6
4 Campbell, Sara	Oak Bay Secondary	11:51.30	11:33.49	5
5 Lewis, Ava	Oak Bay Secondary	11:45.40	11:35.66	4
6 Dunnill, Sydney	Claremont Secondary	12:05.20	11:43.70	3
7 Romanik, Elsa	Nanaimo Dist	15:00.00	11:43.78	2
8 Sykes, Ella	Oak Bay Secondary	11:58.00	12:04.02	1
9 Brookes, Bridget	Claremont Secondary	11:48.60	12:21.47	
10 Sharpe, Beatrice	St Michaels	12:49.00	12:27.64	
11 Miller, Alaina	Esquimalt High	12:20.00	12:46.40	
12 Qiu, Nita	Dover Bay Secondary	13:29.15	13:12.11	
13 Crompton, Rianna	Ecole Second	14:29.40	13:46.92	
14 Williams, Samantha	Nanaimo Dist	14:28.90	13:46.96	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 80 Meter Hurdles Junior**

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Hoffman, Victoria	Carihi Secondary	13.02	12.65	-0.5	2	10
2 Carlson, Anna	Brooks Secondary	13.83	13.58	-0.5	2	8
3 Heenan, Ava	Alberni Dist	14.04	14.31	-0.5	2	6
4 Montgomery, Georgia	Oak Bay Secondary	15.09	14.39	-0.5	2	5
5 Galik, Gillian	Mark R. Isfe	20:00.00	14.83	+0.0	1	4
6 Doty-Brown, Payge	Mark R. Isfe	20:00.00	14.93	+0.0	1	3
7 Leduc, Elyse	St Andrew's	14.05	15.01	-0.5	2	2
8 Bate, Riley	Glenlyon Norfolk	16.98	15.29	+0.0	1	1
9 Grant, Shyla	Ecole Second	16.31	15.71	-0.5	2	
10 Zhao, Larisse	St Michaels	17.69	17.02	+0.0	1	
11 Sutherland, Lucia	Alberni Dist	15.74	17.36	-0.5	2	
12 Fleck, Amelie	St Michaels	16.81	17.56	-0.5	2	
13 Agnish-Nesling, Nadia	Georges P Va	19.83	21.28	+0.0	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 300 Meter Hurdles Junior**

Name	Year Team	Seed	Finals	H#	Points
1 Hoffman, Victoria	Carihi Secondary	51.32	49.77	2	10
2 Heenan, Ava	Alberni Dist	51.94	52.41	2	8
3 Leduc, Elyse	St Andrew's	51.81	53.52	2	6
4 Montgomery, Georgia	Oak Bay Secondary	51.70	53.56	2	5
5 Wesner, Maile	Mark R. Isfe	54:25.00	55.16	1	4
6 Jackson, Kya	Oak Bay Secondary	1:01.22	57.99	2	3
7 Doty-Brown, Payge	Mark R. Isfe	58:42.00	1:00.87	1	2
8 Fleck, Amelie	St Michaels	1:06.24	1:01.25	1	1
-- Wiebe, Brynn	Oak Bay Secondary	1:05.16	SCR		

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0

Centennial Stadium, University of Victoria

Results**Girls 1500 Meter Steeplechase Junior**

Name	Year Team	Seed	Finals	Points
1 Liefsoens, Nelle	Brooks Secondary	5:41.07	5:30.80	10
2 Campbell, Sara	Oak Bay Secondary	6:09.22	5:50.12	8
3 Yun, Subin	Nanaimo Dist	6:31.29	6:06.83	6
4 Lewis, Kendra	Dover Bay Secondary	6:10.41	6:08.82	5
5 Qiu, Nita	Dover Bay Secondary	6:40.24	6:21.91	4
6 Leach, Briar	Oak Bay Secondary	6:47.30	6:27.33	3
7 Mcleod, Marlee	Lambrick Par	6:39.00	6:44.73	2
8 Fleck, Amelie	St Michaels	7:26.24	7:02.98	1
9 Webber, Grace	Nanaimo Dist	8:00.00	7:16.63	
10 Rocque, Sabine	Nanaimo Dist	7:30.75	7:38.06	
11 Karaim, Miley	Alberni Dist	7:59.54	7:58.68	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0

Centennial Stadium, University of Victoria

Results**Girls 4x100 Meter Relay Junior**

Team	Prelims	Finals	Points
1 Royal Bay Secondary 'A'	54.36	53.97	10
2 Dover Bay Secondary 'A'	53.44	54.01	8
3 Oak Bay Secondary 'A'	54.11	54.13	6
4 Alberni District Secondary 'A'	54.09	54.27	5
5 Claremont Secondary 'A'	55.58	56.54	4
6 Cedar Community Secondary 'A'	57.17	56.71	3
-- Ecole Secondaire Ballenas Seco 'A'	57.34	DQ	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 4x400 Meter Relay Junior**

Team	Seed	Finals	H#	Points
1 Royal Bay Secondary 'A'	4:17.75	4:21.36	2	10
1) Bacon, Genevieve				
2) McKinty, Cassandra				
3) Reid, Rachel				
4) Music, Maja				
2 Nanaimo District Secondary 'A'	4:30.24	4:23.04	2	8
1) Gillette, Brea				
2) Gauthier, Ava				
3) Russel, Lucy				
4) Zult, Amariah				
3 Oak Bay Secondary 'A'	4:28.46	4:24.02	2	6
4 St Andrew's Regional High 'A'	4:29.55	4:24.31	2	5
1) Leduc, Elyse				
2) Blanco, Javana				
3) Timm, Anika				
4) Blanco, Mariana				
5 Alberni District Secondary 'A'	4:48.54	4:40.78	2	4
1) Golemba, Sejal				
2) Darling, Amara				
3) Heenan, Ava				
4) Cyr, Brookelynn				
6 Claremont Secondary 'A'	6:00.24	4:45.47	1	3
1) Nemeth, Dawson				
2) Nemeth, Mckenna				
3) Paul, Selma				
4) Wight, Kaylen				
7 Dover Bay Secondary 'A'	4:45.35	4:50.63	2	2
1) Manj, Alliyah				
2) Qiu, Nita				
3) Lewis, Kendra				
4) Bowles, Sophia				
8 Oak Bay Secondary 'B'	4:56.26	4:53.96	1	1
9 Mark R. Isfeld Senior Secondar 'A'	4:50.00	4:58.31	2	
1) Chernov, Solena				
2) Doty-Brown, Payge				
3) Galik, Gillian				
4) Wesner, Maile				
10 Nanaimo District Secondary 'B'	5:00.24	5:11.69	1	
1) Webber, Grace				
2) Williams, Samantha				
3) Yun, Subin				
4) Romanik, Elsa				

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls High Jump Junior**

Name	Year Team	Seed	Finals	Points
1 Tupas-Singh, Kealayna	Pacific Chri	1.54m	J1.55m	10
2 Wedmann-Kent, Nova	Frances Kels	1.49m	J1.50m	8
3 Burry, Erika	Georges P Va	1.30m	J1.45m	6
4 Saccucci, Isabella	Georges P Va	1.35m	J1.40m	5
5 Carlson, Anna	Brooks Secondary	1.35m	J1.40m	4
6 Tait, Rachel	St Margaret's	1.39m	J1.35m	3
7 Grant, Shyla	Ecole Second	1.30m	J1.35m	2
8 French, Amelie	Glenlyon Norfolk	1.20m	J1.30m	1
9 Jakeman, Lily	Glenlyon Norfolk	1.25m	J1.30m	
10 Telford, Selah	Duncan Chris	1.25m	J1.30m	
11 Edgington, Indigo	St Michaels	1.25m	J1.25m	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Pole Vault Junior**

Name	Year Team	Seed	Finals	Points
1 Russel, Lucy	Nanaimo Dist	2.99m	2.75m	10
2 Flores, Emiliana	St Andrew's	1.20m	1.70m	8
3 Te, Chloe	St Andrew's	1.39m	1.25m	6

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Long Jump Junior**

Name	Year Team	Seed	Finals	Wind	H#	Points
1 De Leeuw, Lyla	Quamichan School	4.50m	4.50m	NWI	2	10
2 Spryszak, Brooklyn	Claremont Secondary	3.98m	4.23m	NWI	1	8
3 Matthes, Lauren	Royal Bay Secondary	4.00m	4.14m	NWI	2	6
4 Duncan, Ava	Ucluelet Secondary	4.57m	4.13m	NWI	2	5
5 Nowak, Glenn	Oak Bay Secondary	4.26m	4.11m	NWI	2	4
6 Wyton, Sarita	Ucluelet Secondary	4.80m	4.08m	NWI	2	3
7 Theckston, Myanna	Dover Bay Secondary	4.00m	4.02m	NWI	2	2
8 Adegbola, Christiana	Dover Bay Secondary	4.00m	3.85m	NWI	2	1
9 Chen, Caitlyn	St Michaels	3.82m	3.84m	NWI	1	
10 Wu, Rose	Queen Margaret's	3.94m	3.77m	NWI	1	
11 Von Lieven, Carla	Oak Bay Secondary	4.00m	3.71m	NWI	1	
12 Bai, Yingfan	St Michaels	3.11m	3.70m	NWI	1	
13 Martires, Kelzee	Dover Bay Secondary	4.00m	3.63m	NWI	2	
14 Clarke, Carys	Claremont Secondary	3.65m	3.47m	NWI	1	
15 McGowan, Hanna	Cedar Commun	3.91m	3.43m	NWI	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Triple Jump Junior**

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Carlson, Anna	Brooks Secondary	9.37m	10.11m	NWI	2	10
2 Matthes, Lauren	Royal Bay Secondary	9.30m	9.67m	NWI	2	8
3 Montgomery, Georgia	Oak Bay Secondary	9.06m	9.47m	NWI	2	6
4 Blanco, Mariana	St Andrew's	9.13m	9.06m	NWI	2	5
5 Spryszak, Brooklyn	Claremont Secondary	8.85m	8.86m	NWI	2	4
6 Chen, Caitlyn	St Michaels	8.17m	8.74m	NWI	2	3
7 Zhao, Larisse	St Michaels	8.29m	8.67m	NWI	2	2
8 Funk, Taylor	Belmont Secondary	8.24m	8.59m	NWI	2	1
9 Edgington, Indigo	St Michaels	7.02m	8.30m	NWI	1	
10 Blumel, Annette	Cowichan Secondary	8.10m	8.19m	NWI	2	
11 Woode, Sadie	Queen Margaret's	4.24m	8.14m	NWI	1	
12 Chong-Simard, Malina	Oak Bay Secondary	7.60m	7.65m	NWI	1	
13 Stewart, Jaxyn	Dover Bay Secondary	7.11m	7.07m	NWI	1	
14 Jeldi, Parissa	Oak Bay Secondary	6.31m	6.93m	NWI	1	
-- Williams, Ella	Stelly's Secondary	7.53m	DNF	NWI	1	
-- Kilback, Keira	Quamichan School	7.32m	DNF	NWI	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Shot Put Junior**

Name	Year Team	Seed	Finals	H#	Points
1 Grohovac, Julia	St Andrew's	10.78m	11.04m	2	10
2 McKenzie, Ciara	St Margaret's	9.60m	9.94m	2	8
3 Mangena-Jellema, Thabisa	Shawnigan Lake	8.73m	9.43m	2	6
4 Scholtz, Maia	Mark R. Isfe	8.14m	8.85m	2	5
5 Russel, Lucy	Nanaimo Dist	9.77m	8.70m	2	3.50
5 Lindsay, Taylor	Cedar Commun	8.50m	8.70m	2	3.50
7 Parreno, Maika	Royal Bay Secondary	8.57m	8.50m	2	2
8 Bunston, Jenna	Nanaimo Dist	7.93m	8.46m	1	1
9 Teschke, Sophie	Gold River S	8.21m	8.04m	2	
10 McGowan, Hanna	Cedar Commun	7.58m	7.36m	1	
11 Pepper, Ashley	Quamichan School	7.56m	7.28m	1	
12 Fast, Keira	Oak Bay Secondary	8.10m	7.23m	2	
13 Henry, Naomi	Quamichan School	7.42m	6.94m	1	
14 Rabinitas, Marquizha	Gold River S	7.37m	6.93m	1	
15 McMinn, Annika	Dover Bay Secondary	5.46m	6.73m	1	
16 Small, Arielle	Ecole Second	6.61m	6.60m	1	
17 Leprette, Chloe	Alberni Dist	6.00m	5.90m	1	
18 Preikshot, Sierra	Queen Margaret's	7.34m	5.17m	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Discus Throw Junior**

Name	Year Team	Seed	Finals	H#	Points
1 Galik, Gillian	Mark R. Isfe	31.12m	32.34m	2	10
2 Grohovac, Julia	St Andrew's	26.47m	28.55m	2	8
3 Mangena-Jellema, Thabisa	Shawnigan Lake	23.05m	24.89m	2	6
4 Doty-Brown, Payge	Mark R. Isfe	22.21m	23.70m	2	5
5 Scholtz, Maia	Mark R. Isfe	20.58m	22.83m	2	4
6 McKenzie, Ciara	St Margaret's	21.50m	20.09m	2	3
7 Lazenby, Danika	Cowichan Secondary	17.57m	17.91m	1	2
8 Fast, Keira	Oak Bay Secondary	17.25m	17.58m	1	1
9 Chen, Caitlyn	St Michaels	19.15m	16.73m	2	
10 Mycroft, Zoe	Queen Margaret's	17.69m	16.23m	1	
11 Zdunich, Olivia	Royal Bay Secondary	16.56m	16.20m	1	
12 Teschke, Sophie	Gold River S	17.46m	16.02m	1	
13 Rabinitas, Marquizha	Gold River S	18.61m	15.96m	2	
14 Mcleod, Marlee	Lambrick Par	13.84m	15.88m	1	
15 Sharpe, Beatrice	St Michaels	14.56m	14.08m	1	
16 Edgington, Indigo	St Michaels	13.60m	13.12m	1	
17 Leprette, Chloe	Alberni Dist	6.00m	12.67m	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Javelin Throw Junior**

Name	Year Team	Seed	Finals	H#	Points
1 Burry, Erika	Georges P Va	39.52m	37.41m	2	10
2 Galik, Gillian	Mark R. Isfe	35.90m	36.47m	2	8
3 Sutherland, Lucia	Alberni Dist	20.00m	26.58m	2	6
4 McMinn, Annika	Dover Bay Secondary	23.31m	23.57m	2	5
5 Lazenby, Danika	Cowichan Secondary	20.35m	23.48m	2	4
6 Mangena-Jellema, Thabisa	Shawnigan Lake	18.37m	23.39m	2	3
7 Jackson, Kya	Oak Bay Secondary	16.92m	21.53m	1	2
8 Paul, Selma	Claremont Secondary	17.31m	20.31m	1	1
9 McKenzie, Ciara	St Margaret's	16.56m	19.42m	1	
10 Grohovac, Julia	St Andrew's	18.00m	18.93m	2	
11 Young, Clodagh	Quamichan School	16.85m	18.06m	1	
12 Mcleod, Marlee	Lambrick Par	17.60m	17.85m	1	
13 Fast, Keira	Oak Bay Secondary	18.96m	16.30m	2	
14 Jakeman, Lily	Glenlyon Norfolk	20.30m	16.00m	2	
15 McCluskey, Lily	Quamichan School	14.82m	15.89m	1	
16 Wim, Isabella	St Margaret's	12.50m	13.56m	1	
17 Talio, Ciara	Port Hardy S	10.85m	10.93m	1	
18 Alguire, Rachel	Campbell Riv	12.10m	10.57m	1	
19 Nowak, Glenn	Oak Bay Secondary	23.71m	8.87m	2	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Race Walk Junior**

Name	Year Team	Seed	Finals	Points
1 Blumel, Annette	Cowichan Secondary	8:27.00	8:55.32	10
2 Desvaux, Sophia	Ecole Second	12:22.05	9:55.87	8
3 Karaim, Miley	Alberni Dist	10:48.00	10:09.57	6
4 Nott, Francis	Oak Bay Secondary	10:23.26	10:09.76	5
5 Nowak, Glenn	Oak Bay Secondary	10:10.05	10:23.76	4
-- Jang, Elia	Oak Bay Secondary	10:24.53	DNF	
-- Bae, Rachel	Lambrick Par	10:38.00	DQ	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 100 Meter Dash Senior**

Name	Year Team	Prelims	Finals	Wind	Points
1 Cameron, Mia	Reynolds Secondary	12.97	12.95	-0.6	10
2 Simmons, Lacie	Carihi Secondary	13.00	13.04	-0.6	8
3 Danielson, Kiana	Campbell Riv	13.24	13.44	-0.6	6
4 Mannall-Fretwell, Julia	St Margaret's	13.54	13.60	-0.6	5
5 Dickinson, Sadie	Oak Bay Secondary	13.60	13.69	-0.6	4
6 Howard, Annabel	St Michaels	13.50	13.78	-0.6	3
7 Finstad, Julia	Glenlyon Norfolk	13.61	13.80	-0.6	2
8 Mcleish-Shaw, Abby	St Michaels	13.91	13.95	-0.6	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 200 Meter Dash Senior**

Name	Year Team	Prelims	Finals	Wind	Points
1 McDowell-Mitchell, Elly	Oak Bay Secondary	26.08	26.00	-0.4	10
2 Cameron, Mia	Reynolds Secondary	26.67	26.35	-0.4	8
3 Martin, Haley	Nanaimo Dist	27.17	27.19	-0.4	6
4 Danielson, Kiana	Campbell Riv	27.60	27.88	-0.4	5
5 Lubben, Skyler	Reynolds Secondary	28.03	27.89	-0.4	4
6 Fawkes, Tori	Oak Bay Secondary	27.78	28.14	-0.4	3
7 Waite, Annika	Ecole Second	28.66	28.39	-0.4	2
8 Howard, Annabel	St Michaels	28.34	29.31	-0.4	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 400 Meter Dash Senior**

Name	Year Team	Prelims	Finals	Points
1 McDowell-Mitchell, Elly	Oak Bay Secondary	1:00.07	57.84	10
2 Cameron, Mia	Reynolds Secondary	1:00.68	58.68	8
3 Martin, Haley	Nanaimo Dist	1:01.40	1:00.31	6
4 Lubben, Skyler	Reynolds Secondary	1:02.01	1:01.29	4.50
4 Thrasher, Aria	Brooks Secondary	1:02.35	1:01.29	4.50
6 Poy, Elecia	Reynolds Secondary	1:04.11	1:04.73	3
7 Borsa, Chyvonne	Wellington S	1:03.29	1:04.75	2
8 Howard, Annabel	St Michaels	1:05.46	1:08.13	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 800 Meter Run Senior**

Name	Year Team	Seed	Finals	Points
1 Broadbent, Ruby	Parkland Secondary	2:11.65	2:14.10	10
2 Eames, Mady	Claremont Secondary	2:26.63	2:27.10	8
3 Sadilkova, Arieta	Wellington S	2:40.71	2:30.57	6
4 Venables, Sophia	Belmont Secondary	2:35.17	2:31.12	5
5 Lawrence, Maia	Oak Bay Secondary	2:32.39	2:31.42	4
6 Di, Mello	Mount Dougla	2:33.01	2:33.27	3
7 Campbell, Kate	Oak Bay Secondary	2:46.56	2:42.22	2
8 Morse, Zoe	Kwalikum Secondary	2:42.03	2:43.10	1
9 Hallquist, Lily	Cowichan Secondary	2:50.59	2:44.84	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Run Senior**

Name	Year Team	Seed	Finals	Points
1 Broadbent, Ruby	Parkland Secondary	4:28.80	4:26.75	10
2 Ballard, Ella	Royal Bay Secondary	4:40.48	4:42.37	8
3 Eames, Mady	Claremont Secondary	5:03.10	5:00.87	6
4 Henry, Heidi	Mount Dougla	4:55.00	5:06.24	5
5 Sadilkova, Arieta	Wellington S	5:28.88	5:16.67	4
6 Lawrence, Maia	Oak Bay Secondary	4:55.64	5:21.00	3
7 Wieden, Janina	Oak Bay Secondary	5:21.41	5:24.02	2
8 Joiner, Isabelle	Oak Bay Secondary	5:18.29	5:26.37	1
9 Prince, Nora	Cedar Commun	5:47.54	5:31.71	
10 Dukart, Isobella	Claremont Secondary	5:55.70	5:57.90	
11 Willing, Mya	Royal Bay Secondary	6:05.74	6:02.26	
12 Stanishewsky, Anna	Belmont Secondary	5:57.24	6:21.16	
13 Fukushima, Manami	Lambrick Par	6:14.24	6:22.32	
14 Lee, Roberta	St Michaels	6:45.24	6:30.41	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 3000 Meter Run Senior**

Name	Year Team	Seed	Finals	Points
1 Broadbent, Ruby	Parkland Secondary	9:41.70	9:42.19	10
2 Ballard, Ella	Royal Bay Secondary	10:22.15	10:03.88	8
3 Coyle, Tessa	Aspengrove	11:48.23	11:38.84	6
4 Joiner, Isabelle	Oak Bay Secondary	12:06.10	11:40.58	5
5 Wieden, Janina	Oak Bay Secondary	11:55.90	11:48.81	4
6 Morse, Zoe	Kwalikum Secondary	11:56.77	11:59.81	3
7 Choumoubokhit, Fatne	Spectrum Community	12:45.30	12:16.84	2
8 Prince, Nora	Cedar Commun		12:32.14	1
9 Moore, Caitlyn	Dover Bay Secondary	14:05.07	13:09.46	
-- Henry, Heidi	Mount Dougla		SCR	
-- Stanishewsky, Anna	Belmont Secondary	14:19.00	SCR	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 100 Meter Hurdles Senior**

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Simmons, Lacie	Carihi Secondary	15.36	15.05	-0.2	2	10
2 Klassen, Sylena	Brooks Secondary	17.05	16.67	-0.2	2	8
3 Andulajevic, Molly	Oak Bay Secondary	19.02	18.50	-0.2	2	6
4 Venables, Sophia	Belmont Secondary	19.78	19.83	-1.9	1	5
5 Aguch, Anna Louise	Oak Bay Secondary	19.72	19.91	-1.9	1	4
6 Finstad, Julia	Glenlyon Norfolk	19.70	19.96	-0.2	2	3
7 Hall, Victoria	Alberni Dist	18.05	20.54	-0.2	2	2
8 Courchere, Abbey	Pacific Chri	24.82	23.43	-1.9	1	1
-- Paris, Lydia	Nanaimo Dist	15.80	SCR			

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 400 Meter Hurdles Senior**

Name	Year Team	Seed	Finals	Points
1 Simmons, Lacie	Carihi Secondary	1:14.03	1:04.55	10
2 Paris, Lydia	Nanaimo Dist	1:10.00	1:07.70	8
3 Martin, Haley	Nanaimo Dist	1:05.73	1:10.23	6
4 Andulajevic, Molly	Oak Bay Secondary	1:10.96	1:10.98	5
5 Dickinson, Sadie	Oak Bay Secondary	1:11.64	1:11.30	4

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Steeplechase Senior**

Name	Year Team	Seed	Finals	Points
1 Joiner, Isabelle	Oak Bay Secondary	5:56.48	6:04.44	10
2 Campbell, Kate	Oak Bay Secondary	6:27.30	6:16.74	8
3 Prince, Nora	Cedar Commun		6:18.72	6
4 Moore, Caitlyn	Dover Bay Secondary	6:56.89	6:38.04	5
5 Beselt, Shawn	Campbell Riv	12:01.32	7:23.10	4
6 Courchere, Abbey	Pacific Chri	7:50.81	7:43.54	3

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 4x100 Meter Relay Senior**

Team	Prelims	Finals	Points
1 Oak Bay Secondary 'A'	51.37	50.90	10
2 Reynolds Secondary 'A'	52.38	51.25	8
3 St Michaels University School 'A'	54.13	53.72	6
4 Oak Bay Secondary 'B'	54.29	53.93	5
5 Mount Douglas Secondary 'A'	54.39	54.25	4
6 John Barsby Community School 'A'	56.10	55.73	3
7 Ecole Secondaire Ballenas Seco 'A'	56.64	55.86	2
8 Port Hardy Secondary 'A'	58.42	57.88	1

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 4x400 Meter Relay Senior**

Team	Seed	Finals	Points
1 Oak Bay Secondary 'A'	4:08.48	4:04.69	10
2 Reynolds Secondary 'A'	4:13.59	4:08.92	8
1) Lubben, Skyler			
3) Poy, Elecia			
2) Cameron, Mia			
4) Parfitt, Saige			
3 Mount Douglas Secondary 'A'	1.24	4:32.11	6
1) Bieber, Audrey			
3) Thibodea, Zawa			
2) Henry, Heidi			
4) Di, Mello			
4 Oak Bay Secondary 'B'	4:25.63	4:38.53	5
5 Dover Bay Secondary 'A'	5:01.20	4:49.37	4
1) Sinclair, Olivia			
3) Moore, Caitlyn			
2) Toop, Sarah			
4) Lundman, Annika			
6 Ecole Secondaire Ballenas Seco 'A'	4:05.00	4:52.27	3
1) Rodriguez, Sara			
3) Cole, Molly			
2) Giummole, Chiara			
4) Waite, Annika			
7 Lambrick Park Secondary 'A'	5:00.24	5:47.23	2
1) Takahashi, Ako			
3) Fukushima, Manami			
2) Miyauchi, Riko			
4) Friedrich, Marlene			

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls High Jump Senior**

Name	Year Team	Seed	Finals	Points
1 Lee, Charlotte	St Michaels	1.44m	J1.50m	10
2 Paris, Lydia	Nanaimo Dist	1.49m	J1.50m	8
3 Roberts, Loryn	Queen Margaret's	1.39m	J1.50m	6
4 Lubben, Skyler	Reynolds Secondary	1.49m	J1.45m	5
5 Dhami, Priya	Frances Kels	1.39m	J1.30m	4
6 Mcleish-Shaw, Abby	St Michaels	1.30m	J1.30m	3
7 Comerci, Francesca	Royal Bay Secondary	1.20m	J1.20m	1.50
7 Dahl, Ava	Oak Bay Secondary	1.30m	J1.20m	1.50
9 Lalli, Amisha	Oak Bay Secondary	1.14m	J1.20m	
10 Aguch, Anna Louise	Oak Bay Secondary	1.09m	J1.15m	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Pole Vault Senior**

Name	Year Team	Seed	Finals	Points
1 Pagliassotto, Valeria	Oak Bay Secondary	2.95m	2.95m	10
2 Corwin, Naomi	St Margaret's	2.50m	2.60m	8
3 Lee, Charlotte	St Michaels	2.34m	2.30m	6
4 Neilson, Isobel	Claremont Secondary	2.29m	2.15m	5

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Long Jump Senior**

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Stubbing, Anna	Lambrick Par	4.71m	5.01m	NWI	2	10
2 Klassen, Sylena	Brooks Secondary	4.80m	4.92m	NWI	2	8
3 Fawkes, Tori	Oak Bay Secondary	4.61m	4.77m	NWI	2	6
4 Schoen, Charlotte	Stelly's Secondary	4.41m	4.60m	NWI	2	5
5 Dickinson, Sadie	Oak Bay Secondary	4.43m	4.37m	NWI	2	4
6 McDougall, Ella	Alberni Dist	4.24m	4.31m	NWI	2	3
7 De Vries, Dara	Duncan Chris	4.43m	4.29m	NWI	2	2
8 Ellison, Abigail	Pacific Chri	4.08m	4.14m	NWI	2	1
9 Aguch, Anna Louise	Oak Bay Secondary	3.96m	3.78m	NWI	2	
10 Booth, Lucinda	Victoria High	3.84m	3.60m	NWI	1	
11 Sommer, Hannah	Campbell Riv	3.68m	3.56m	NWI	1	
12 Williams, Ella	Cedar Commun		3.49m	NWI	1	
13 Rodriguez, Sara	Ecole Second	3.60m	3.38m	NWI	1	
14 Giummole, Chiara	Ecole Second	3.47m	3.35m	NWI	1	
15 Martinez, Isabella	Pacific Chri	3.23m	3.16m	NWI	1	
16 Cole, Molly	Ecole Second	2.88m	2.38m	NWI	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Triple Jump Senior**

Name	Year Team	Seed	Finals	Wind	Points
1 Klassen, Sylena	Brooks Secondary	10.31m	10.57m	NWI	10
2 Stubbing, Anna	Lambrick Par	10.22m	10.55m	NWI	8
3 Fawkes, Tori	Oak Bay Secondary	9.79m	9.86m	NWI	6
4 Venables, Sophia	Belmont Secondary	9.04m	9.19m	NWI	5
5 Cyr-Barker, Shayna	Oak Bay Secondary	9.09m	8.77m	NWI	4
6 Booth, Lucinda	Victoria High	8.31m	8.62m	NWI	3
7 Golder, Aimee	Oak Bay Secondary	7.65m	8.25m	NWI	2
8 Walkus, Emma	Port Hardy S	8.26m	7.96m	NWI	1
9 Sommer, Hannah	Campbell Riv	8.61m	7.50m	NWI	
10 Sandy, Rianna	Port Hardy S	7.48m	7.31m	NWI	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Shot Put Senior**

Name	Year Team	Seed	Finals	H#	Points
1 Drake, Serenna	Nanaimo Dist	9.96m	9.43m	2	10
2 Biranbaum, Marley	Belmont Secondary	8.17m	8.71m	2	8
3 McLeish, Brianne	St Michaels	8.02m	8.59m	2	6
4 Clunk, Kendall	Belmont Secondary	7.95m	8.36m	2	5
5 Paugh, Makenna	Wellington S	7.51m	8.23m	2	4
6 Crowle, Ella	Oak Bay Secondary	7.77m	7.68m	2	3
7 Pacchiano, Bianca	Cowichan Secondary	7.01m	7.67m	2	2
8 Waite, Annika	Ecole Second	8.00m	7.39m	2	1
9 Ellison, Abigail	Pacific Chri	6.92m	6.86m	1	
10 Sommer, Hannah	Campbell Riv	7.13m	6.81m	2	
11 Ghezzi, Laura	Alberni Dist	6.87m	6.26m	1	
12 Willmetts, Klara	Reynolds Secondary	6.14m	6.09m	1	
13 Martinez, Isabella	Pacific Chri	6.54m	6.05m	1	
14 Haugen, Anna	Campbell Riv	6.90m	6.02m	1	
15 Omini, Gloria	Alberni Dist	6.03m	5.67m	1	
16 Fucikoua, Tereza	Claremont Secondary	6.71m	5.47m	1	
17 Smith, Arwen	John Barsby	6.78m	4.97m	1	
18 Beccaria, Francesca	Alberni Dist	4.99m	4.93m	1	
19 Beselt, Shawn	Campbell Riv	5.79m	4.83m	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Discus Throw Senior**

Name	Year Team	Seed	Finals	H#	Points
1 Drake, Serenna	Nanaimo Dist	29.66m	30.05m	2	10
2 McDougall, Ella	Alberni Dist	29.29m	29.89m	2	8
3 Morfitt, Gabrielle	Highland Secondary	24.99m	28.40m	2	6
4 Irish, Muirren	Oak Bay Secondary	27.05m	28.22m	2	5
5 Vanniri, Autumn	Nanaimo Dist	28.58m	27.84m	2	4
6 Putz, Katelyn	John Barsby	26.70m	26.81m	2	3
7 Cyr-Barker, Shayna	Oak Bay Secondary	25.85m	25.37m	2	2
8 Crowle, Ella	Oak Bay Secondary	27.19m	23.96m	2	1
9 Paugh, Makenna	Wellington S	25.71m	23.30m	2	
10 Willing, Mya	Royal Bay Secondary	21.15m	22.80m	2	
11 Larkin, Rowan	Mount Dougla	23.78m	21.77m	2	
12 Tresso, Sophia	Alberni Dist	18.40m	20.12m	1	
13 Walkus, Emma	Port Hardy S	18.61m	19.65m	1	
14 Chua, Hannah	Gulf Islands	26.00m	19.01m	2	
15 Smith, Arwen	John Barsby	19.58m	17.70m	1	
16 Pacchiano, Bianca	Cowichan Secondary	17.06m	16.97m	1	
17 Ghezzi, Laura	Alberni Dist	18.30m	16.34m	1	
18 McLeish, Brianne	St Michaels	15.72m	16.30m	1	
19 Clunk, Kendall	Belmont Secondary	18.00m	15.41m	1	
20 Sandy, Rianna	Port Hardy S	15.22m	14.50m	1	
21 Haugen, Anna	Campbell Riv	14.24m	14.37m	1	
22 Mia Timm, Novalie	Lambrick Par	13.48m	13.91m	1	
23 Lobmeier, Sophie	St Margaret's	14.09m	13.51m	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls Javelin Throw Senior**

Name	Year Team	Seed	Finals	H#	Points
1 Munro, Akira	Highland Secondary	24.99m	32.57m	2	10
2 Dahl, Ava	Oak Bay Secondary	24.21m	31.61m	2	8
3 Hall, Victoria	Alberni Dist	30.13m	29.48m	2	6
4 Chua, Hannah	Gulf Islands	20.13m	27.49m	1	5
5 Cyr-Barker, Shayna	Oak Bay Secondary	24.75m	26.58m	2	4
6 Crowle, Ella	Oak Bay Secondary	24.77m	26.10m	2	3
7 Danielson, Kiana	Campbell Riv	26.40m	25.99m	2	2
8 Fucikoua, Tereza	Claremont Secondary	24.28m	25.02m	2	1
9 Sinclair, Olivia	Dover Bay Secondary	18.75m	22.81m	1	
10 Schmidt, Madison	Cedar Commun	22.89m	21.96m	2	
11 Williams, Ella	Cedar Commun	20.94m	20.75m	2	
12 Whitworth, Abigail	Shawnigan Lake	18.31m	19.12m	1	
13 Beselt, Shawn	Campbell Riv	19.76m	18.52m	1	
14 Lobmeier, Sophie	St Margaret's	12.99m	18.04m	1	
15 McLeish, Brianne	St Michaels	18.12m	16.94m	1	
16 Hsaio, Fang-Fei	Alberni Dist	12.99m	14.94m	1	
17 Lawrence, Mya	Shawnigan Lake	12.59m	13.84m	1	

2023 Vancouver Island Secondary School Track and Field Championships - 2023-0**Centennial Stadium, University of Victoria****Results****Girls 1500 Meter Race Walk Senior**

Name	Year Team	Seed	Finals	Points
1 Comerci, Francesca	Royal Bay Secondary	8:27.15	8:29.77	10
2 Lundman, Annika	Dover Bay Secondary	8:38.15	8:43.71	8
3 Golder, Aimee	Oak Bay Secondary	9:59.65	9:49.34	6
4 Takahashi, Ako	Lambrick Par	10:51.00	9:51.78	5
5 Choumoubokhit, Fatne	Spectrum Community	10:23.14	10:03.20	4
6 Arychuk, Hannah	Parkland Secondary	9:30.44	10:15.20	3
7 Lalli, Amisha	Oak Bay Secondary	10:26.89	10:28.54	2
-- Courchere, Abbey	Pacific Chri	10:30.74	DQ	